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LICENSURE	
Licensed Independent Clinical Social Worker	March 2021
EDUCATION	
Boston College, Chestnut Hill, MA	May 2018
Master of Social Work	-
Emerson College, Boston, MA	May 2012
B.S. Marketing Communications, Advertising and Public Relations, Minor Psychology, Magna	a Cum Laude
EXPERIENCE	

VA Boston Healthcare System, Boston MA

HUD-VASH Social Worker

- September 2021-Present, Full-time 40 hours per week Provide case management and housing search support for a caseload of 12-20 veterans
- Serve as a liaison between veterans, community partners and the department of Housing & Urban Development (HUD) and support with completion of required HUD documentation
- Provide advocacy and education to veterans on fair housing laws and support with filing housing discrimination • claims
- Provide short-term therapy and crisis intervention using modalities of Cognitive Behavioral Therapy (CBT), Solutions-Focused therapy, harm-reduction, motivational interviewing and trauma-informed care
- Build and maintain relationships with community partners and other departments within the VA
- Co-facilitate a group for elderly veterans to foster community and support with the transition out of homelessness into permanent housing
- Organize and run monthly Credit Counseling Group for the Healthcare for Homelessness Veterans program in order to increase and promote financial literacy
- Attend all required trainings as well as additional trainings in CBT, Transcending Self Therapy: Group Integrative Cognitive Behavioral Treatment, Motivational Interviewing and Suicide Prevention

Boston College, Chestnut Hill MA

August 2023-Present Part-time, 10 hours per week

Assistant Professor

- Teach two Masters in Social Work courses: Basic Skills of Clinical Social Work and Clinical Practice with Adults
- Create curriculum and lessons based on syllabus ٠
- Provide ongoing guidance and training to students

Aspire Health Alliance (formerly South Shore Mental Health), Ouincy MA

- Per Diem Outpatient Therapist December 2020-August 2023, Part-time 6 hours per week Provide individual therapy to adult clients using modalities of CBT, Dialectical Behavioral Therapy (DBT), solutions focused therapy, CPT, Tri-phasic trauma therapy, motivational interviewing and harm-reduction
 - Complete intakes including, biopsychocial, PHQ-9 and substance use screening assessments
 - Write and implement clinical treatment plans •
 - Receive supervision from agency-wide trauma specialist with an emphasis on Cognitive Processing Therapy (CPT) and the tri-phasic trauma model

Assistant Program Director

- October 2019-September 2021, Full-time 40 hours per week
- Supervised an interdisciplinary team of 17 outreach caseworkers, clinicians, peers, recovery coaches, substance use clinician and family partner
- Provided bi-weekly individual and group supervision to staff focused on case presentations, teaching clinical interventions and reviewing clinical paperwork
- Led weekly team risk meeting to review risk cases and offer consultation •
- Worked closely with the Department of Mental Health (DMH) for contract monitoring and client care
- Conducted client intakes including administering SBIRT and Columbia-Suicide Rating Scale assessments, • completing Adult Clinical Assessment (ACA) and developing Individual Action Plans (IAP)
- Implemented clinical interventions including CBT, harm-reduction, CPT, motivational interviewing, solution-• focused interventions, risk management and safety planning
- Attended continuing education trainings in the areas of substance use, trauma-informed care, co-occurring disorders, Cognitive Processing Therapy, DBT, psychotic disorders and others

Clinical Recovery Specialist

July 2018-October 2019, Full-time 40 hours per week

- Served as clinical lead on interdisciplinary team for caseload of 38 clients (including one Group Living Environment), provided clinical consultation for other team members
- Coordinated and attended team meetings with inpatient teams and to support with after care planning
- Led annual treatment planning meetings with clients and their treatment teams to develop treatment goals
- Wrote and revised annual ACA and IAP treatment plans and administered SBIRT, Columbia-Suicide Rating Scale and MSDP Risk Assessment for all clients annually and as needed
- Provided clinical interventions for clients including Motivational Interviewing, CBT, Solution Focused Therapy, • DBT, Exposure Therapy and Harm Reduction
- Attended and participated in bi-weekly group and individual supervision, weekly clinical meetings, weekly risk • meetings and monthly clinical trainings
- Provided on-call crisis and clinical support to evening and weekend staff •
- Provided case management for clients including support with housing, benefits and care coordination •

South Boston Collaborative Boston, MA

September 2017-May 2018, Part-time 24 hours per week

Clinical Social Work Intern

- Provided Motivational Interviewing, CBT, Harm Reduction and Solution Focused treatment for caseload of 9 • adult clients
- Co-led weekly anger management groups •
- Provided initial clinical intakes and completed Biopsychosocial assessments for incoming clients •
- Lead two push-in social skills groups at the Boston Collegiate Charter School •
- Wrote and reviewed clinical notes, client treatment plans and kept electronic medical records up to date •
- Engaged in weekly individual and group supervision
- Attended weekly team meetings and presented cases for clinical consultations and supported in assigning incoming clients to an individual therapist

Lexington Public Schools, Lexington, MA **Social Work Intern**

- Provided individual counseling and group counseling for elementary school students •
- Led in-classroom pro-social teaching lessons and provided in-class support for students •
- Collaborated with teachers, administration and counseling team to support students •

Jumpstart for Young Children, Boston, MA Northeastern University Site Manager

August 2014-August 2016, Full-time 40 hours per week

September 2016-June 2017, Part-time 16 hours per week

- Recruited and managed program of 50 college student AmeriCorps volunteers
- Created and delivered trainings on community awareness, classroom management, early childhood education and AmeriCorps service
- Built and maintained relationships with community partners and Northeastern University Faculty and Staff
- Created and managed \$125,000 program budget including tracking, credit card reconciliation and reporting •
- Led curriculum pilot program for Jumpstart's National Education and Research team •
- Served as a member of Jumpstart's National Diversity and Inclusion Council

Edward W. Brooke Charter School, Boston, MA **Classroom Teacher and Associate Teacher**

July 2012-July 2014, Full-time 50 hours per week

- Developed and implemented1st for 2nd grade unit lesson plans across content areas
- Developed relationships with parents with weekly phone calls and quarterly conferences

TECHNICAL COMPETENCE

Mac and PC, Microsoft Office: Word, Excel, PowerPoint, Outlook, Icentrix EMR, CPRS

CERTIFICATIONS

MAP (medication administration program), Red Cross First Aid and CPR