

KELSEY TAYLOR, LMHC

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CLINICAL & ADMINISTRATIVE EXPERIENCE

BROWN UNIVERSITY, School Of Public Health

Clinical Program Director

July 2023 - Present

WELLESLEY COLLEGE, Wellesley Centers For Women

Clinical Program Director

May 2022 - June 2023

- Lead school mental health screening initiative, coordinate with school administrators and student support personnel, oversee educational presentations
- Conduct clinical assessments with adolescents at risk for depression, anxiety and suicidality
- Communicate with parents of students and provide support and resources for mental health care
- Establish electronic documentation system, develop quality assurance protocol, organize and manage longitudinal data
- Support ongoing clinical and research activities of depression prevention research initiatives

ELIOT, Child, Youth, and Family Division, Lexington, MA

Director of Clinical Services

December 2019 - April 2022

- Provide clinical oversight of all residential and community based programs, including consultation and support on complex and high risk cases
- Develop and enhance clinical services across all child, youth and family serving programs through needs-assessment, strategic planning, quality assurance and improvement, and training
- Manage implementation of and fidelity to model of care and evidence based practices, including facilitating consultation, training and initiatives
- Recruit, supervise, and promote career development of clinical staff; train and support milieu staff and paraprofessionals
- Oversee Victim of Crimes Act (VOCA) grant program providing trauma services
- Maintain interagency connections, write policies, contribute to contract procurement, participate in program audits, establish resource drive

EDUCATION

NORTHEASTERN UNIVERSITY

Master of Science in Counseling

Psychology with a concentration in Culture, Gender and Political Psychology
Graduate Certificate in Women's Studies

UNIVERSITY OF NEW ENGLAND

Bachelor of Arts in Psychology and Social Relations

Summa Cum Laude

TEACHING & TRAINING EXPERIENCE

BOSTON COLLEGE, School of Social Work
Part-time Faculty, 2022-present

- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy

BOSTON COLLEGE, Continuing Education
Instructor, 2014-present

- Trauma Informed Care and Interventions
- Cognitive Behavioral Therapy for Children, Youth and Families,
- Dialectical Behavioral Therapy Skills for Children Youth, and Families

CAMBRIDGE COLLEGE, School of Psychology and Counseling
Senior Instructor, 2021-2022

- Field Experience

ELIOT, Child, Youth, and Family Division
2014-2022

- Trauma Informed Care and Interventions
- ARC Clinical Application
- Models and Continuum of Care
- Stress & Self-Care
- Behavioral Health Assessment and Treatment Planning

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EXPERIENCE CONTINUED

ELIOT, Child, Youth, and Family Division, Lexington, MA **Director of Clinical Training and Evidence Based Practice**

July 2017 - December 2019

- Lead implementation and sustainability of model of care and evidence based practices; Consult on program and clinical development initiatives and learning communities
- Develop and facilitate trainings for new staff orientation, professional development, and community partners
- Supervise clinicians on evidence based treatment and job function, focusing on crisis support, case formulation, and self-care; Provide direct clinical services to individuals and families
- Facilitate HOPES Multidisciplinary Consultation and Complex Case Consultation for Social Services and Juvenile Justice Programs
- Collaborate with and coordinate internal and external partners on project development, including Infant and Early Childhood Mental Health grant, TF-CBT intensive learning community cohorts, Permanency Initiatives, ARC Clinical Application intensive learning community

Clinical Development Coordinator

February 2016 - July 2017

- Supervise and develop clinical staff; Oversee quality assurance of documentation and services; Maintain working relationships with agency and community partners
- Manage high risk cases; Consult on complex cases; Complete assessments, develop treatment plans, and counsel individuals and families
- Develop and implement initiatives, including ARC System Integration and Consultation
- Coordinate with leadership on program development and division strategic plan

Critical Incident Response Team Member

October 2014 - April 2022

- Provide Psychological First Aid and Posttraumatic Stress Management to lessen the impact of traumatic experiences in the workplace
- Promote wellbeing through Coping and Self-Care group

SKILLS

- Attachment, Regulation, Competency (ARC) Treatment
- Children and Adolescents
- Clinical Assessment
- Clinical Supervision
- Cognitive Behavioral Therapy
- Continuous Quality Improvement
- Crisis Intervention
- Dialectical Behavior Therapy
- Evidence Based Practice & Treatment
- Family Therapy
- Motivational Interviewing
- Program Administration
- Project Management
- Program and Professional Development
- Psychological First Aid
- Qualtrics
- REDCap
- Secondary Traumatic Stress & Self-Care
- Sensory Motor Arousal Regulation Treatment
- System and Initiative Design and Implementation
- Trauma-Focused Cognitive Behavior Therapy

PRESENTATIONS

- Developing a Juvenile Justice Model of Care: How Eliot Made the Connections between ARC and DYS Services, International Trauma Conference, Boston, MA, June 2016
- Early Childhood Mental Health and Trauma, Department of Children and Families, Park Street Office, March 2019
- Motivational Interviewing, The NAN Project Peer Mentors, July 2019

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EXPERIENCE CONTINUED

ELIOT, Child, Youth, and Family Division, Lexington, MA

Clinical Director

January 2014-February 2016

- Oversee and provide clinical services at short-term juvenile justice residential program as integral part of administrative team
- Establish and implement protocols and best practices of start-up program, including creating behavior-support system, clinical workflows, programming and services
- Manage referrals, intakes, medication, medical needs, and documentation to fulfill contractual and licensure expectations while maintaining relationships with state agencies and providers
- Hire, train and supervise clinical staff to fulfill job expectations of individual and group therapy, case management, treatment planning and safety assessments

JUSTICE RESOURCE INSTITUTE, Glenhaven Academy, Marlborough, MA

Clinician

November 2010-August 2013

- Counsel adolescents and young adults and their families using specialty trauma interventions to support stability, healthy change and goal fulfillment
- Supervise clinical interns; Supervise Trauma Informed Milieu Fellows; Establish intern seminar with group supervision and training
- Complete evaluations, develop treatment plans, assess progress, direct treatment meetings, establish and review IEP goals, lead clinical groups, and create behavioral plans
- Lead staff trainings and orientation on clinical formulation and interventions, bullying prevention and anti-hazing, Psychological First Aid, sensory tools, and child development

ADVOCATES, Brandon School & Residential Treatment Center, Natick, MA

Therapist

September 2007-November 2010

- Deliver clinical services for stabilization, assessment, Fire Setting and Sexualized Behaviors, and long-term treatment
- Engage with individuals, families, and multidisciplinary teams to improve functioning of children and adolescents using trauma informed, developmental approach
- Co-lead weekly skills groups targeting areas of anger management, relationships, relaxation, impulsivity and assertiveness

JUSTICE RESOURCE INSTITUTE, Goss Secure Treatment, Taunton, MA

Clinician

November 2006-September 2007

- Conduct individual, family, and group therapy as part of treatment and preparing for community re-entry of juvenile delinquents and youthful offenders
- Develop curriculum for and lead anger management, relationships, cognitive-behavioral therapy, dialectical behavior therapy skills, decision making and problem solving groups