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## Education

### Doctor of Philosophy (Ph.D.) in Social Work

Boston College

Expected 2024  
Chestnut Hill, MA

- Area Statement Title:  
"Cultural factors shaping work and volunteerism among ethnoracially diverse older Americans: A focus on the role of filial piety in the Asian culture," defended April 2022
- Dissertation Title:  
"Social, Economic, and Culture-Related Factors Influencing Formal and Informal Volunteerism among Asian Older Adults in the United States Compared with Other Ethnoracial Groups: A Three Paper Dissertation"

### Master of Social Work (M.S.W.)

University of Michigan

2020  
Ann Arbor, MI

- Concentration: Interpersonal Practice in Aging
- Minor: Social Policy and Evaluation

### Bachelor of Social Work

University of Hong Kong

2014  
Hong Kong, China

- Second Class Honors

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## Licensure

### Licensed Clinical Social Worker (LCSW)

Association of Social Work Boards

2022 - present  
Massachusetts

### Registered Social Worker (RSW)

Social Workers Registration Board

2014 - present  
Hong Kong, China

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## Research Interests

Productive and social engagement in later life; cross-cultural gerontology; intergenerational theory and practice; Asian health disparities

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## Teaching Interests

Social gerontology; productive aging; intergenerational integration; ageism; Asian American; research methods; diversity and oppression

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## Peer-Reviewed Publications

Lai, P. H. L., Bradley, S., Christensen, K., McNamara, T., Pitt-Catsoupes, M., & Wilson, A. (manuscript under review). Flexible job structures and equity at nonprofit workplaces. *Community, Work & Family*. (2022 Q2 87/216, Sociology, JCI, JIF: 2.3)

Lai, P. H. L., Hogan, D., McNamara, T., Pitt-Catsoupes, M., Christensen, K., & Bradley, S. (manuscript under review). A new lens into workplace equity: The equity of employment systems. *Equality, Diversity, and Inclusion: An International Journal*. (2022 Q3 257/401, Management, JCI, JIF: 2.4)

Lai, P. H. L., Halvorsen, C., Chang, K., Nguyen, L.H.T., Howard, E.P., & Lyons, K.S. (2024). Unemployed, immigrant, and older Asian workers in a U.S.-based job-training program: Their experiences and well-being, and strategies for reaching this important population. *Journal of Gerontological Social Work*. <https://doi.org/10.1080/01634372.2024.2339980> (2022 Q1 6/44, Social Work, JIF: 3.2)

- Xin, R., Fitzpatrick, O. M., **Lai, P. H. L.**, Weisz, J., & Price, M. A. (2022). A systematic narrative review of cognitive-behavioral therapies with Asian American youth. *Evidence-Based Practice in Child and Adolescent Mental Health*, 7(2), 198-212. <https://doi.org/10.1080/23794925.2022.2042872> (2022 Q3 Pediatrics, Perinatology & Child Health, Psychiatry & Mental Health, JIF: 2.1)
- Hai, A. H., Lee, C., John, R. S., Vaughn, M. G., Bo, A., **Lai, P. H. L.**, & Salas-Wright, C. (2021). Debunking the myth of low behavioral risk among Asian Americans: The case of alcohol use 2002-2018. *Drug and Alcohol Dependence*, 228, 109059. <https://doi.org/10.1016/j.drugalcdep.2021.109059> (2021 Q1 8/37 Substance Abuse, JIF: 4.852)
- Xiang, X., **Lai, P. H. L.**, Bao, L., Sun, Y., Chen, J., Dunkle, R. E., & Maust, D. (2020). Dual trajectories of social isolation and dementia in older adults: A population-based longitudinal study. *Journal of Aging and Health*, 33(1-2), 63-74. <https://doi.org/10.1177/0898264320953693> (2020 Q2 11/36 Gerontology and 24/88 Health Policy & Services, JIF: 3.213)
- Xiang, X., Lu, X., Halavanau, A., Xue, J., Sun, Y., **Lai, P. H. L.**, & Wu, Z. (2020). Modern senicide in the face of a pandemic: An examination of public discourse and sentiment about older adults and COVID-19 Using machine learning. *The Journals of Gerontology: Series B*, 76(4), e190-e200. <https://doi.org/10.1093/geronb/gbaa128> (2020 Q1 5/36 Gerontology, JIF: 4.077)
- Xiang, X., Sun, Y., Smith, S., **Lai, P. H. L.**, & Himle, J. (2020). Internet-based cognitive-behavioral therapy for depression: A feasibility study for homecare older adults. *Research on Social Work Practice*, 30(7), 791-801. <https://doi.org/10.1177/1049731520927783> (2020 Q2 15/44 Social Work, JIF: 2.236)

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## Manuscripts in Preparation

- Lai, P. H. L.**, Bradley, S., Christensen, K., McNamara, T., & Pitt-Catsoupes, M. (in preparation). Equity and organizational resilience: The Boston workplace equity study. Target journal: *Equality, Diversity, and Inclusion: An International Journal*. (2022 Q3 257/401, Management, JCI, JIF: 2.4).
- Lai, P. H. L.** & Halvorsen, C. (in preparation). The Senior Community Service Employment Program: A scoping review of the literature since 2000. Target journal: *Journal of Gerontological Social Work*. (2022 Q1 6/44, Social Work, JIF: 3.2)
- Lai, P. H. L.** (in preparation). The relationship of occupations that involve frequent social interactions and volunteering between older adults in different gender-racial groups. Target journal: *Journal of Gerontological Social Work*. (2022 Q1 6/44, Social Work, JIF: 3.2)
- Matz, C., **Lai, P. H. L.**, & Campos, B. M. (in preparation). Care's echo: The impact of caregiving during COVID-19 on older workers' financial, health, and job outcomes. Target journal: *The Gerontologist*. (2022 Q1 6/37, Gerontology, JIF: 5.7)

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## Chapters in Edited Volumes

- Gonzales, E., Matz, C., Morrow-Howell, N., **Lai, P. H. L.**, Whetung, C., Zingg, E., Keating, E., James, J. B., & Putnam, M. (2022). Advance long and productive lives. In R. P. Barth, J. T. Messing, T. R. Shanks, & J. H. Williams (Eds.), *Grand challenges for social work and society* (2<sup>nd</sup> ed., chapter 5, pp. 111-144). New York and Washington, DC: Oxford University Press/NASW Press. <https://bit.ly/3yLKK1H>

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## Additional Scholarly Publications

- Halvorsen, C., & **Lai, P. H. L.** (2023). *Documenting the health, well-being, and experiences of older workers in the Senior Community Service Employment Program*. Social Science Research Network. <https://www.ssrn.com/abstract=4405049>

Halvorsen, C. J., & **Lai, P. H. L.** (2022). *Documenting the health, well-being, and experiences of older Asian workers in the Senior Community Service Employment Program*. Boston College School of Social Work. <https://www.ssrn.com/abstract=4405051>

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## Peer-Reviewed Roundtables

**Lai, P. H. L.** & Halvorsen, C. (2023, January). Community-based research on a federal job-training program in late-life. Presented in C. Halvorsen, **P. H. L. Lai**, S. Teixeira, K. Evans, & M. F. *Pineros-Leano*, *Conducting community-based research across languages and culture*. Roundtable at the Society for Social Work and Research Annual Conference. <https://sswr.confex.com/sswr/2023/webprogram/Session13505.html>

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## Peer-Reviewed Presentations

**Lai, P. H. L.**, Bradley, S., McNamara, T., Christensen, K., & Pitt-Catsoupes, M. (2024, January). *Strengthening organizational resilience and equity at the workplace: Exploring the role of social work professions in supporting nonprofits*. Presentation at the Society for Social Work and Research Annual Conference. <https://sswr.confex.com/sswr/2024/webprogram/Paper53176.html>

Matz, C., Coley, R. L., Teixeira, S., **Lai, P. H. L.** (2023, November). Low-income, marginalized older workers: Financial strain, health, and mental Health. Presented in C. Halvorsen, C. Matz, J. Miller, L. H. Choi-Allum, & D. C. Carr, *Precarity and Work in Later Life: Experiences of Older Workers in Uncertain Times*. Symposium at the Gerontological Society of America's (GSA) Annual Conference. *Innovation in Aging*, 7(1), 267. <https://doi.org/10.1093/geroni/igad104.0888>

Halvorsen, C., **Lai, P. H. L.**, Howard, E. P., Lyons, K. S., Moorman, S. M., & Matz, C. (2023, November). Experiences and well-being of low-income workers in the senior community service employment program. Presented in C. Halvorsen, C. Matz, J. Miller, L. H. Choi-Allum, & D. C. Carr, *Precarity and Work in Later Life: Experiences of Older Workers in Uncertain Times*. Symposium at the Gerontological Society of America's (GSA) Annual Conference. *Innovation in Aging*, 7(1), 266-267. <https://doi.org/10.1093/geroni/igad104.0887>

**Lai, P. H. L.** & Halvorsen, C. (2022, November). *The Senior Community Service Employment Program: new data on older Asian workers*. Presentation at the Gerontological Society of America Annual Scientific Meeting. <https://doi.org/10.1093/geroni/igab046.086>

**Lai, P. H. L.**, Matz, C., & Halvorsen, C. (2021, November). Exploring gender differences in volunteer behaviors among older Asian Americans. Paper presented in C. Matz & C. Halvorsen (co-chairs), *Injustice Squared? An Intersectional Lens to Research on Productive Engagement in Later Life*. Symposium at the Gerontological Society of America's (GSA) Annual Conference, virtual. <https://doi.org/10.1093/geroni/igab046.086>

Gonzales, E., James, J., Jason, K., Matz, C., Morrow-Howell, N., & **Lai, P. H. L.** (2022, November). Reimagining 'productive aging' for a post-COVID world: Critical reflections and new directions. Presentation at the Gerontological Society of America's (GSA) Annual Conference. <https://www.gsa2022.org/Highlights/Pre-Conference-Workshops>

Pitt-Catsoupes, M., Christensen, K., Bradley, S., & **Lai, P. H. L.** (2021, June). Workplace equity and flexible job structures. Presentation at the Work and Family Researchers Network 6<sup>th</sup> Biennial Conference. <https://wfrn.org/wp-content/uploads/2022/06/Final-Program-2022.pdf>

**Lai, P. H. L.**, Halvorsen, C., & Matz, C. (2021, December). The relationship between occupation types, education, and volunteer behaviors among older Americans. Presentation at the Gerontological Society of America's (GSA) Annual Conference. <https://doi.org/10.1093/geroni/igab046.2587>

**Lai, P. H. L.** (2021, December). The relationship of careers with people interactions and volunteering between gender-racial groups in late-life. Presentation at the Gerontological Society of America's (GSA) Annual Conference. <https://doi.org/10.1093/geroni/igab046.2593>

Xiang, X., Sun, Y., & **Lai, P. H. L.** (2021, January). A feasibility open trial of internet-based cognitive-behavioral therapy for depression among homebound older adults. Presentation at the Society for Social Work and Research Annual Conference. <https://sswr.confex.com/sswr/2021/webprogram/Paper43244.html>

**Lai, P. H. L.**, Xiang, X., Sun, Y., & Himle, J. (2020, November). Recruitment of hard-to-reach older adults in technology-based mental health services studies: Lessons learned. Presentation at the Gerontological Society of America's (GSA) Annual Conference. *Innovation in Aging*, 4(1), 412. <https://doi.org/10.1093/geroni/igaa057.1328>

Xiang, X., Sun, Y., Smith, S., **Lai, P. H. L.**, & Himle, J. (2020, November). Internet-based cognitive-behavioral therapy for depression: A feasibility study for homecare older adults. Presentation at the Gerontological Society of America's (GSA) Annual Conference. *Innovation in Aging*, 4(1), 371. <https://doi.org/10.1093/geroni/igaa057.1194>

Xiang, X., **Lai, P. H. L.**, Sun, Y., & Dunkle, R. E. (2020, November). Dual trajectories of social isolation and dementia in older adults: A population-based longitudinal study. Presentation at the Gerontological Society of America's (GSA) Annual Conference. *Innovation in Aging*, 4(1), 319. <https://doi.org/10.1093/geroni/igaa057.1022>

Xiang, X., Lu, X., Halavanau, A., Xue, J., Sun, Y., **Lai, P. H. L.**, & Wu, Z. (2020, November). Modern Ubasute: Public discourse and sentiment about older adults and COVID19 using machine learning. Presentation at the Gerontological Society of America's (GSA) Annual Conference. *Innovation in Aging*, 4(1), 952-953. <https://doi.org/10.1093/geroni/igaa057.3485>

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## Invited Presentations

### Symposium Presenter

11/21/2022

Event: "*Schiller Institute for Integrated Science and Society Grant Symposium*"

Chestnut Hill, MA

Schiller Institute for Integrated Science and Society, Boston College

- Presented about the learning and findings in our community-based research
- Titled "An interdisciplinary evaluation of the health benefits of participating in a federally funded community - service employment program for low-income older adults: A pilot study"

### Presenter

4/5/2022

Event: "*Overview of Massachusetts SCSEP Study*"

Boston, MA

National Asian Pacific Center on Aging and Greater Boston Chinese Golden Age Center

- Presented preliminary findings from an Asian report to our community partners
- Titled "Documenting the Health, Well-being, and Experiences of Older Workers in the Senior Community Service Employment Program: Topline Results of Asian SCSEP Respondents in Massachusetts"

### Symposium Presenter

6/25/2020

Event: "*SARS-COV2 and COVID19 Virtual Symposium*"

Ann Arbor, MI

Biosciences Initiative and Michigan Center for Infectious Disease Threats, University of Michigan

- Presented findings from our project about ageism on social media during the pandemic
- Titled "The return of Ubasute to the modern world in the face of a pandemic?"
- <https://medicine.umich.edu/dept/immunology/events/202006/sars-cov2-covid19-virtual-symposium>

### Presenter

3/11/2019

Research Topic: "*The wellbeing of Chinese older adults with dementia in the United Kingdom*"

Ann Arbor, MI

The 2019 Global Social Work Day, University of Michigan

- <https://issuu.com/uofmsocialwork/docs/2019-global-social-work-day-posters>

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## Other Presentations

### Presenter

*Golden Age Expo and Summit 2017*

- Represented the LinkAges Lam Ki Yip Centre, Aberdeen Kai-fong Welfare Association
- Shared practice experience on intergenerational integration services

1/2017  
Hong Kong, China

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## Funding, Awards and Honors

### Doctoral Student Leadership Award

*Association for Gerontology Education in Social Work (AGESW)*

11/2022  
United States

### Schiller Institute Grants for Exploratory Collaborative Scholarship (SIGECS) Doctoral Fellowship (\$25,000)

*Schiller Institute for Integrated Science and Society, Boston College*

- Served as Lead Graduate Research Assistant
- Supported “An interdisciplinary evaluation of the health benefits of participating in a federally funded community-service employment program for low-income older adults: A pilot study” (\$49,766, PI: Cal Halvorsen, Ph.D., MSW)

2021 - 2022  
Chestnut Hill, MA

### Training, Travel, and Professional Development Grants (\$1,000/year)

*Boston College*

2020 - 2024  
Chestnut Hill, MA

### Social Work Doctoral Fellowship (\$25,000/year)

*Boston College*

2020 - 2024  
Chestnut Hill, MA

### Selected Photograph

*International Photo Exhibition “Exposing the Fault Lines: Embracing Social Justice in the Wake of a Crisis,” Boston College*

- Emphasized the importance of increasing awareness of the world’s cultures and people
- Displayed in <https://www.bc.edu/bc-web/sites/global-engagement/expand-your-world/the-world-at-bc/international-education-week.html.html>

11/2020  
Chestnut Hill, MA

### Specialist in Aging Certificate

*University of Michigan School of Social Work*

2020  
Ann Arbor, MI

### Geeta Dutta Memorial Scholarship (\$5,000)

*University of Michigan School of Social Work*

2019  
Ann Arbor, MI

### International Institute Student Fellowship (\$2,000)

*Office of Global Activities, University of Michigan School of Social Work*

- Supported a global independent study in the United Kingdom
- Designed and led qualitative research about well-being of Chinese older adults in the United Kingdom

2019  
Ann Arbor, MI

### Gold Awards for Volunteer Service

*Hong Kong government*

2010 - 2012  
Hong Kong, China

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## Research Experience

### Doctoral Research Assistant

PI: Sam Bradley, JR, DSW, MSW & Marcie Pitt-Catsoupes, Ph.D., MSW

2/2022 - present  
Chestnut Hill, MA

Research center: *Center for Social Innovation, Boston College School of Social Work*

Project title: *“Work equity: evaluation of the Equity Innovation Lab”*

Funding: Center for Social Innovation, Boston College School of Social Work

- Led three research articles about new lens of employment systems, flexible job structures and equity at nonprofit workplaces, equity and organizational resilience.
- Conducted literature reviews about employment systems, such as compensation and benefits.

**Doctoral Research Assistant**

**9/2020 - present  
Chestnut Hill, MA**

Mentor: Christina Matz, Ph.D., MSW

Research center: *Center on Aging and Work, Boston College*

- Co-authored a chapter in the book “Grand Challenges for Social Work and Society”
- Working in projects supported by the AARP
- Performing data management and data analyses on the Current Population Survey (CPS) and the Health and Retirement Study (HRS) datasets
- Preparing manuscripts for journal publication

**Doctoral Research Assistant**

**6/2022 - 1/2023  
Chestnut Hill, MA**

PI: Rebekah Levine Coley, Ph.D. & Samantha Teixeira, Ph.D., MSW

Research center: *Boston College Lynch School of Education and Human Development*

Project title: *“Targeting health disparities through housing redevelopment: A natural experiment of housing quality, stability, and economic integration”*

Funding: National Institute on Minority Health and Health Disparities

- Conducted survey interviews with racially diverse low-income families in multiple languages to better understand experiences living in a subsidized housing community and the impacts of the redevelopment of the community on these families
- Collected environmental and biological data through air monitoring and hair samples to evaluate the stress of these families’ change over time

**Doctoral Research Assistant**

**6/2021 - 3/2023  
Chestnut Hill, MA**

PI: Cal Halvorsen, Ph.D., MSW

Research center: *Schiller Institute for Integrated Science and Society, Boston College*

Project title: *“An interdisciplinary evaluation of the health benefits of participating in a federally funded community-service employment program for low-income older adults: A pilot study”*

Funding: Schiller Institute Grants for Exploratory Collaborative Scholarship

- Assisted interviews with Senior Community Service Employment Program (SCSEP) administrators in the larger Boston region
- Constructed a Consolidated Standards of Reporting Trials (CONSORT) guideline for pilot studies
- Prepared the Institutional Review Board application
- Developed 6-language psychometrics based on standardized instruments and other robust sources
- Set up a multiple-language online instrument on Qualtrics for SCSEP participants
- Collected data through paper and online survey
- Prepared two reports on documenting the health, wellbeing, and experiences of SCSEP participants
- Leading a scoping review about SCSEP and a manuscript about unemployed, immigrant, older Asian workers

**Research Assistant**

**10/2019 - 5/2020  
Ann Arbor, MI**

PI: Joseph Himle, Ph.D., MSW

Research center: *University of Michigan School of Social Work*

Project title: *“Promotion of social work faculties, from Assistant Professors to Associate Professors”*

- Developed data extraction/collection protocol
- Extracted data on the number of publications and school ranking of professors from school websites and created a dataset

**Research Assistant**

**2/2019 - 8/2020**

PI: Xiaoling Xiang, Ph.D., MSW

**Ann Arbor, MI**

Research center: *University of Michigan School of Social Work*

Project title: *"Happy@Home: Training personal care aides to administer online therapy for depression in homecare seniors"*

Funding: Blue Cross Blue Shield of Michigan Foundation & Michigan Department of Health and Human Services

- Created animations for online training of direct care workers
- Set up online surveys for baseline assessments of older adults and direct care workers
- Collected data from 16 low-income senior housing facilities in Michigan
- Conducted screening assessments for eligibility, including PHQ-9 and MMSE assessments
- Completed informed consent with eligible participants
- Provided technical assistance to participants
- Completed data entry, transcription, and data analysis
- Analyzed qualitative transcripts by creating open coding and extracting themes
- Led a conference abstract on recruitment of hard-to-reach older adults in mental health studies

**Independent Study**

**12/2018 - 9/2019**

Mentor: Lydia Li, Ph.D., MSW

**United Kingdom**

Research center: *University of Michigan School of Social Work*

Project title: *"The Well-being of Chinese older adults with dementia in the United Kingdom"*

Funding: Office of Global Activities, University of Michigan School of Social Work

- Developed a research proposal and grant application
- Conducted literature review
- Developed and implemented a community outreach plan for social service agencies in London, Birmingham, and Manchester
- Recruited 32 participants from 7 social service agencies
- Conducted qualitative interviews and transcribed interview recordings
- Analyzed qualitative transcripts by creating open coding and extracting themes
- Created a report and presented findings to study participants and social services agencies

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**Teaching Experience**

**Teaching Assistant**

**1/2022 - 5/2022**

*Boston College School of Social Work*

**Chestnut Hill, MA**

Faculty: Christina Matz, Ph.D., MSW

Master's Level Course: *"Advanced Practice with Older Adults: Practice in Home and Community Settings"*

Independent Teaching on 3 sessions: "Social and Productive Engagement," "Technology in Aging within the Context of Social Work Practice," and an in-class activity: "I'd Rather Be Home"

**Teaching Assistant**

**9/2021 - 12/2021**

*Boston College School of Social Work*

**Chestnut Hill, MA**

Faculty: Scott Easton, Ph.D., MSW

Master's Level Courses: *"Human Behavior and the Social Environment"*

Independent Teaching on 3 sessions: "Strengths Perspective", "Middle Childhood", and "Late Adulthood"

**Teaching Assistant**

**9/2021 - 12/2021**

*Boston College School of Social Work*

**Chestnut Hill, MA**

Faculty: Indrani Saran, Ph.D.

Master's Level Course: *"Research Methods"*

Independent Teaching on 2 sessions: "Qualitative Data Analysis" and "Quantitative Data Analysis: T-Test"

**Teaching Assistant**

**9/2021 - 12/2021**

*Boston College School of Social Work*

**Chestnut Hill, MA**

Faculty: Samuel Bradley, Ph.D., MSW

Master's Level Courses: "Re-thinking Diversity: Systems of Oppression and Privilege"

Independent Teaching on 2 sessions: "Deconstructing Ageism", "Deconstructing Racism & Bigotry: Xenophobia"

**Guest Lecturer**

*Boston College School of Social Work*

Faculty: María Piñeros-Leaño, Ph.D., MSW

Master's Level Course: "Human Behavior and the Social Environment"

Topics Taught: Ageism in COVID-19, productive aging, intergenerational integration

11/2020 - 12/2020

Chestnut Hill, MA

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## Clinical Social Work Practice Experience

**State Certificated SHINE Counselor**

*"Serving the Health Insurance Needs of Everyone (SHINE)" Program*

- Provided counseling to Massachusetts residents with Medicare or Medicaid and their caregivers
- Participated in continued training by attending bi-monthly meetings and re-certification as required by the federal government

5/2022 - 12/2022

Boston, MA

**Doctoral Social Work Student Ambassador**

*Greater Boston Chinese Golden Age Center*

- Promoting All of Us Research Program (AoURP) and precision medicine to the community
- Recruiting Asian populations to contribute to AoURP to accelerate medical breakthroughs specifically for Asians
- Facilitating social and productive engagement groups in the senior community centers

1/2022 - 12/2022

Boston, MA

**Social Work Intern**

*Milan Seniors for Healthy Living*

- Created an intergenerational community program
- Conducted subjective, objective, assessment, and plan (SOAP) for recipients of Meals on Wheels
- Coordinated case management
- Organized Cognitive Behavioral Therapy (CBT) workshops and groups

9/2019 - 4/2020

Milan, MI

**Social Work Intern**

*The Oaks Adult Day Program, Catholic Social Services of Washtenaw County*

- Developed and led individual- and group-based interventions for older adults with dementia utilizing a combination of therapeutic skills including Cognitive Stimulation Therapy, Sensory Modulation, Best Friend Approach, and Montessori Method
- Developed logic models and an evaluation plan for the daycare program, and later implemented the evaluation plan
- Conducted psychosocial assessments and referral

9/2018 - 4/2019

Ann Arbor, MI

**School Social Worker**

*Happy Child Association*

- Developed and conducted after-school programs for children with learning disabilities
- Hosted educational workshops for caregivers of children with learning disabilities

3/2018 - 7/2018

Hong Kong, China

**Associate Social Work Officer**

*LinkAges Lam Ki Yip Centre, Aberdeen Kai-fong Welfare Association*

- Led an intergenerational integration program to combat ageism and to facilitate positive interactions between younger and older adults in the neighborhood
- Collaborated with researchers from the University of Hong Kong to implement the "Optimal Quality Intergenerational Integration Model" and evaluate intergenerational programs

10/2016 - 12/2017

Hong Kong, China



- Trained high school students to teach older adults on self-management of hypertension

**Social Work Assistant**

4/2015 - 9/2016  
Hong Kong, China

*Community Centre, Aberdeen Kai-fong Welfare Association*

- Trained high school students leadership and problem-solving skills
- Led volunteer groups of high school students to design and organize a barter economy practice in the community
- Organized community events to promote social cohesion and belonging

**Social Work Intern**

9/2013 - 3/2014  
Hong Kong, China

*Sha Kok Youth and Children's Centre, Stewards Limited*

- Facilitated on-site life-planning services for high school students
- Conducted Adventure Based Counselling activities

**Group Leader**

6/2013 - 10/2013  
Hong Kong, China

*'Hong Kong 200' Leadership Project, Hong Kong Federation of Youth Groups*

- Conducted Adventure-based Counseling activities
- Led members to organize campaigns on raising the awareness of intergenerational poverty

**Social Work Intern**

6/2013 - 8/2013  
Hong Kong, China

*Tai Po (North) Integrated Family Service Centre, Hong Kong government*

- Provided counseling in the framework of Bowen's triangular family relationship
- Facilitated a social work group to support parents of preschoolers

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## Journal Review Experience

**Reviewer**

12/2023 - 1/2024

*Journal of Aging and Health*

**Reviewer**

2/2022 - 3/2022

*Journal of Ethnic & Cultural Diversity in Social Work*

**Reviewer**

3/2021 - 4/2021

*Research on Aging*

**Reviewer-in-training** (Main reviewer: Christina Matz, Ph.D., MSW)

2/2021 - 3/2021

*Research on Aging*

**Reviewer-in-training** (Main reviewer: Christina Matz, Ph.D., MSW)

1/2021 - 2/2021

*Journal of Gerontology: Social Sciences*

**Reviewer**

8/2020

*The Gerontologist*

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## Evaluation Experience

**Strategic Planner**

1/2022 - 1/2023  
Chestnut Hill, MA

*Graduate International Student Association, Boston College*

- Collected and analyzed survey data on international students' concerns
- Developing a strategic plan for organization development targeting Diversity, Equity, and Inclusion

**External Evaluator**

9/2019 - 4/2020  
Milan, MI

*Milan Seniors For Healthy Living*

- Adapted the Older People's Quality of Life Questionnaire for the local setting
- Analyzed client satisfaction data with the Friendly Visitor program and identified gender differences in satisfaction, and created an evaluation report

**External Evaluator**

*The Oaks Adult Day Program, Catholic Social Services of Washtenaw County*

**1/2019 - 12/2019**  
**Ann Arbor, MI**

- Created evaluation report, including recommendations for program improvement
- Developed metrics of success and plan for ongoing internal evaluation

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## Statistical and Research Trainings

**Collaborative Institutional Training Initiative (CITI) Program**

**9/2020 - 2/2022**  
**Chestnut Hill, MA**

- Conflict of Interest
- Humanities Responsible Conduct of Research
- Social and Behavioral Responsible Conduct of Research

**Learning Modules for Evaluation & Research at University of Michigan**

**1/2020 - 4/2020**  
**Ann Arbor, MI**

- Evaluation Questions
- Evaluation Types
- Evaluation Design Rigor
- Sampling Methods
- Data Collection Methods
- Statistical Tests

**ICPSR Summer Program in Social Research at University of Michigan**

**7/2019 - 8/2019**  
**Ann Arbor, MI**

- Matrix Algebra
- Regression Analysis in Linear Models
- Longitudinal Analysis
- R & R studio programming
- Stata, SPSS & LaTeX

**PEERs Certificate: Program for Education and Evaluation in Responsible Research and Scholarship (Research Ethics and Compliance training) at University of Michigan**

**2/2019**  
**Ann Arbor, MI**

**DataCamp: Learn Data Science Online Training and Tutorials**

**1/2019 - 8/2020**

- Introduction and Intermediate R
- Tidyverse
- Data Manipulation with dplyr
- Statistics in Spreadsheet and R
- Data Visualization

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## Teaching Trainings

**Apprenticeship in College Teaching (ACT) Certificate**

*The Center for Teaching Excellence, Boston College*

**9/2021 - present**  
**Chestnut Hill, MA**

- Assignment Design
- Course Design
- Grading for Learning
- Creating Effective Learning Environments
- Active Learning
- Effective Use of Technology
- Strategies for Effective Learning

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## Clinical Trainings

<b>State SHINE Counselor Certification</b> "Serving the Health Insurance Needs of Everyone (SHINE)", Greater Boston Chinese Golden Age Center	7/2022 Boston, MA
<b>Hamilton Depression Rating Scale Training and Certification</b> Center for Telepsychology	2020
<b>The Best Friends™ Approach to Dementia Care</b> Area of Agency on Aging 1-B and EHM Senior Solutions	2019 Ann Arbor, MI
<b>Brief Motivational Intervention and Cognitive Behavioral Therapy Training</b> SIMmersion Training Center	2018 - 2020
<b>Adult, Child, Infant CPR / Standard First Aid</b> Emergency Care & Safe Institute, American College of Emergency Physicians	2018
<b>Recipient Rights / Confidentiality</b> Community Mental Health Partnership of Southeast Michigan	2018 Ann Arbor, MI

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## Professional Memberships

**Sloan Research Network on Aging & Work, Boston College** (2020-present, United States),  
**Society for Social Work and Research (SSWR)** (2020-present, United States),  
**The Gerontological Society of America (GSA)** (2020-present, United States),  
**Association for Gerontology Education in Social Work (AGESW)** (2020-present, United States),  
**Social Workers Registration Board** (2014-present, Hong Kong),  
**Hong Kong Social Workers' General Union** (2011-2014, Hong Kong),  
**Hong Kong Federation of Social Work Students** (2011-2014, Hong Kong),  
**Social Work and Social Administration Society, University of Hong Kong** (2011-2014, Hong Kong)

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## Academic and Professional Service

<b>Visiting Scholar</b> <i>The Hong Kong Polytechnic University (PolyU), Hong Kong</i> <ul style="list-style-type: none"><li>Explored research collaborations with researchers in Hong Kong</li></ul>	2/2023 - 6/2023 Hong Kong
<b>Panelist</b> Event: "International Student Experiences and Perspectives on Global Crisis" <i>International Education Week (IEW), Office of International Students and Scholars, Boston College</i> <ul style="list-style-type: none"><li>Shared my research and service about COVID-19, racism, and immigration</li></ul>	11/10/2021 Chestnut Hill, MA
<b>Committee Member</b> <i>Doctoral Student Committee and Conference Sub-committee, SSWR</i>	3/2021 - 4/2023 United States
<b>Vice President / Diversity Coordinator</b> <i>Graduate International Student Association, Boston College</i>	12/2020 - 1/2023 Chestnut Hill, MA
<b>Panelist</b> Event: "Council on Social Work Education (CSWE) Annual Program Meeting" <ul style="list-style-type: none"><li>Represented Boston College School of Social Work</li><li>Provided information to prospective MSW and Ph.D. applicants</li></ul>	11/17/2020 Chestnut Hill, MA

**Panelist**

11/13/2020

Topic: "Interested in Graduate School? Roundtable Event with Current Boston College Master's and Doctoral Students"

Chestnut Hill, MA

*Graduate Mentor Program, McNair Scholars Program, Boston College*

- Shared graduate school experience to undergraduates who identify as low-income, first-generation, or underrepresented in higher education
- Served as a mentor to increase undergraduates' knowledge surrounding the graduate application process and building a robust application

**Panelist**

8/26/2019

Topic: "Student Panel with Current International Student"

Ann Arbor, MI

*International Student Orientation, University of Michigan School of Social Work*

- Shared experience with first-year international students on research, courses, fieldwork, school life

**Master of Ceremonies (MC) and Station Coordinator**

9/2017 - 12/2017

Project: "Walkathons, Flag Day, and Coupon Book Fundraising 2017"

Hong Kong, China

*Aberdeen Kai-fong Welfare Association*

- Raised over HK\$130,000 to subsidy students in low-income families, provide counseling services to people with physical and mental health issues, assist unemployed individuals in applying for jobs

**Booth Representative**

2012 - 2014

Events: "HKU Virtual Information Days for Undergraduate Admissions"

Hong Kong, China

*University of Hong Kong*

- Shared experience with high school students about the social work program

**President**

5/2012 - 5/2013

*Hong Kong Federation of Social Work Students*

Hong Kong, China

**External Vice-president**

11/2011 - 11/2012

*Social Work and Social Administration Society, University of Hong Kong*

Hong Kong, China

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**Interest Group Memberships**

**Statistic Journal Club**, *Boston College School of Social Work* (2023-present),

**Students from Migrant Backgrounds in Doctoral Programs in Social Work**, *Group for the Advancement of Doctoral Education in Social Work (GADE)* (2022-2023),

**API Mentoring Group**, *Asian & Pacific Islander Social Work Educators Association* (2022-present),

**Asian Student Group**, *Boston College* (2021-2023),

**Doctoral Student Interest Group**, *Boston College School of Social Work* (2020-present),

**Ageing Interest Group**, *Boston College School of Social Work* (2020-present),

**Ageing Among Asians Interest Group**, *Gerontological Society of America (GSA)* (2020-2023),

**Chinese Gerontology Studies**, *Gerontological Society of America (GSA)* (2020-present),

**Ageing Workforce Interest Group**, *Gerontological Society of America (GSA)* (2020-2023),

**Discerning the Hidden Curriculum**, *Boston College Lynch School of Education & Human Development* (2020-2021)

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**Languages**

**Cantonese/Traditional Chinese** - First language

**Mandarin/Simplified Chinese** - Fluent in spoken and written

**English** - Fluent in spoken and written