

# EMILY J. DRACHMAN LICSW

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## EDUCATION

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**Boston College**, Newton, MA May 2021  
Master of Social Work, Clinical Concentration in Mental Health

**Brandeis University** B.A. Psychology May  
2015

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## RELEVANT EXPERIENCE

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**Atrius Health** part of Optum, Beverly, MA August 2021-present

*Psychiatry & Behavioral Health Clinician*

- Manage a caseload of 30-40 patients and engage in individual weekly psychotherapy sessions
- Participate in team meetings and consultations
- Help to facilitate monthly groups for patients with opioid use disorder
- Participate in group supervision for two new fellows at the organization
- Serve as the PBH Telehealth lead

**Cambridge Health Alliance**, Cambridge, MA September 2020-May 2021

*Social Work Intern*

- Conducted 45-minute weekly psychotherapy sessions for 8 patients with diverse racial, ethnic, and gender identities, ranging in age from 19 to 42 years.
- Collaborated with psychiatrists, psychologists, social workers, and other trainees on an interdisciplinary team that met weekly to discuss and coordinate patient care.
- Participated in three hours weekly of clinical supervision to discuss cases and improve clinical skills.
- Documented clinically relevant information in a timely manner after each psychotherapy session.
- Conducted intake assessments for new patients, documented clinical information in a timely manner, and presented to the interdisciplinary team weekly.
- Attended and participated in weekly training seminars on psychodynamic theory, trauma, and diversity.

**Lasell University**, Newton MA September 2019- May 2020

*Counseling Intern*

- Provided individual counseling for students.
- Attended outreach programs as assigned by the Health Educator
- Provided referral services for students as needed.

**Center for Discovery**, Dunwoody, GA July 2018-May 2019

*Counselor III*

- Engaged clients in meal coaching and corrected disordered eating behavior for individuals diagnosed with anorexia nervosa and bulimia nervosa.
- Facilitated daily Dialectical Behavioral Therapy (DBT) groups for clients.

- Trained oncoming staff and managed counselor schedule.

**Hillside Hospital**, Atlanta, GA

September 2017-May 2018

*Behavioral Health Specialist*

- Provided direct patient care to adolescents diagnosed with borderline personality disorder.
- Served as a teacher's aid in the on-campus classroom and helped manage behavioral problems.
- Ran DBT and process groups for clients.

**McLean Hospital**, Belmont, MA

May 2015-August 2017

*Community Residence Counselor, Obsessive-Compulsive Disorder Institute (OCDI)*

March 2017-August 2017

- Engaged patients in Exposure and Response Prevention (ERP) therapy, both on unit and in the community.
- Facilitated groups such as Self-Directed ERP, Treatment Planning, and new patient orientation.
- Administered medications in accordance with Medication Administration Program (MAP) protocol.

*Community Residence Counselor, Klarman Eating Disorders Center*

July 2015-June 2016

- Provided direct patient care to individuals diagnosed with anorexia nervosa, bulimia nervosa, and related eating disorders.
- Facilitated groups such as Treatment Planning and Post-Meal group.
- Conducted risk assessments for patients with suicidal ideation.

*Community Residence Counselor, Appleton House*

May 2015-December 2016

- Planned therapeutic groups for individuals diagnosed with bipolar disorder, schizophrenia, and related psychotic disorders.
- Assisted patients in activities of daily life (cooking meals, hygiene, cleaning, etc.)
- Took patients on van-trips to the community to gain "life skills", such as grocery shopping, learning about transportation modes, reading a map, making transactions at a store, etc.
- Administered medications in accordance with Medication Administration Program (MAP) protocol.

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## LEADERSHIP EXPERIENCE

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*Brandeis New Student Orientation Leader, Brandeis University*, Waltham MA

August 2014-September 2014

- Prepared activities and events to help new students acclimate to college life
- Planned and oversaw orientation activities, such as a welcome banquet for over 2000 people

*Waltham Group Afternoon Enrichment Volunteer, Brandeis University*, Waltham

September 2013- September 2014

- Designed productive after school activities for middle school students to encourage team-building and academic interest.
- Tutored middle school students with after school homework help.

*Peer Counselor, Brandeis University*, Waltham, MA

September 2013- September 2014

- Provided confidential peer counseling to Brandeis students during weekly office hours.
- Attended an intense 30-hour training workshop that covered topics such as sexual abuse, eating disorders, domestic violence, LGBTQIA issues, body-image, and suicide and self-harm awareness.

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## SKILLS

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- Spanish language (advanced)
- Microsoft Office: Word, PowerPoint, Excel
- EPIC software
- IBM SPSS: Statistical Analysis in Social Science

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## **CERTIFICATIONS**

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- CPR and First Aid
- Licensed Independent Social Worker (LCSW) of Massachusetts
- Certified in Cognitive Processing Therapy (CPT)
- MAP (Medication Administration Program)
- CPI (Crisis Prevention Intervention)