

# Barbara Mendez Campos

*MSW, Independent Licensed Clinical Social Worker (LCSW)*

*Ph.D. Candidate*

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## EDUCATION

**Boston College, Chestnut Hill, MA**

July 2021- exp. May 2025

Ph.D. Candidate School of Social Work

**University of Michigan, Ann Arbor, MI**

2018

Master of Social Work

Specialization: Interpersonal Practice with Mental Health

Minor: Management of Human Services

Certifications: Clinical Dementia Practice, Addictions Counseling

Summa Cum Laude

**University of Central Florida, Orlando, FL**

2017

Bachelor of Social Work

Minor: Health Sciences (Pre-Medicine Track)

Certifications: Aging Studies

Summa Cum Laude

## RESEARCH INTERESTS

Gerontology/Aging, Health Disparities, Policy, Health Equity, Dementia, Caregiving, Life Course Context, Immigration, Community-Engaged Research, and Psychometrics.

## FUNDING/FELLOWSHIPS

2024-2025

**Grand Challenges in Social Work Dissertation Fellow (Eliminating Racism Challenge)**, Grand Challenges for Social Work (GCSW) from The New York Community Trust. \$3,000

2024

**Michigan Center for Contextual Factors in Alzheimer's Disease Data Immersion Fellow**, University of Michigan. ~\$1,000

2023-2024

**AGESW Pre-Dissertation Fellow**, Association for Gerontology Education in Social Work (AGESW), with support from the Gerontological Society of America (GSA). \$1,800

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## PEER-REVIEWED JOURNAL PUBLICATIONS

1. Briceño, E.M., **Mendez Campos, B.**, Mehdipanah, R., Chang, W., Heeringa, S.G., Martins-Caulfield, J., Levine, D.A., Garcia, N., Gonzales, X.F., Langa, K.M., Zahuranec, D.B., Morgenstern, L.B. (2024) Ethnic differences in the association between cognitive performance and informant-rated cognitive decline. *The American Journal of Geriatric Psychiatry*, In Press.
2. Briceño, EM, Arce-Renteria M, **Mendez Campos B**, Mehdipanah RM, Chang, W, Lewandowski-Romps L, Garcia N, Gonzales XF, Levine DA, Langa KM, Heeringa SG, & Morgenstern LB. (2024) The association between bilingual semantic fluency and episodic memory among bilingual Mexican American older adults. *The Journal of Geriatric Psychiatry and Neurology*.
3. Grafft, N., **Mendez Campos, B.**, Walker, D., & Hawkins, S. (2023) Recreational cannabis legalization and adolescent sexual risk behaviors. *Journal of Youth and Adolescence*.
4. Piñeros-Leaño, M.F., Salas-Wright, C.P., Maldonado-Molina, M.M., Hodges, J.C. \*, Brown, E.C., Bates, M., **Mendez-Campos, B.\***, Rodríguez, J., & Schwartz, S.J. (2022). Technology-based communication among Hurricane Maria survivors in the United States: A trans-territorial lens. *Social Psychiatry and Psychiatric Epidemiology* in March, 2022
5. Salas-Wright, C. P., Hodges, J.C., Cano, M., **Campos, B.M.**, & Vaughn, M.G. (2022). Prevalence and correlates of driving under the influence of stimulants: Evidence from a national sample. *Addict Behav.* 2022 Sep;132:107364. doi: 10.1016/j.addbeh.2022.107364. Epub 2022 May 11. PMID: 35653963.
6. **Mendez Campos, B.**, Kieffer, E., Sinco, B., Palmisano, G., Spencer, M., & Piatt, G. (2018). Effectiveness of a Community Health Worker-Led Diabetes Intervention among Older and Younger Latino Participants: Results from a Randomized Controlled Trial. *Geriatrics*, 3(3), 47. doi:10.3390/geriatrics3030047
7. **Mendez Campos, B.** (2017). "Use of a Music and Memory Program by Caregivers of Persons with Dementia" Retrieved from Honors in the Major Theses. 181. <http://stars.library.ucf.edu/honorsthesis/181>

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## PUBLICATIONS UNDER REVIEW

1. **Mendez Campos, B.**, Lopez, B., Centeno, C., & Sabbath, E. Relational-Level Factors and Vaccine Behaviors among Latinx/e Older Adults: A Systematic Review. (Under Review). *The Gerontologist*.
2. Scrivano, R. M., van de Water, B. J., Ruelas, N., Alfonso, J., McManama O'Brien, K. H., Soto, X., Caumeran, V. J. S., **Mendez Campos, B.**, Mancusi, M., Diehl, B., Southwick, E., Moreno, E., Bora,

C., Armbruster, S., Abuelezam., N. N., Calvo, R., Haneuse, S., & Davison, K. K. (Under Review).

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Motivational Interviewing for Vaccine Uptake in Latinx Adults (MI Vacuna): Study protocol for a pragmatic multiple-period cluster-randomized crossover trial. *Contemporary clinical trials*.

3. **Mendez Campos, B.**, Cho, T.C., Lai, W., Smith, J., & Choi, H., (Under Review) Family Caregiving Job Disruptions and Later Life Cognition: Intersections of Race/Ethnicity and Gender. *Journal of Alzheimer's Disease*
4. Valencia, C., Marquez, G., **Mendez Campos, B.**, & Pike, I. (Under Review) Centering Structural Drivers of Social Isolation to Reimagine Social Connectedness with Policy, *Social Science & Medicine*.
5. Wharton, T., Paulson, D., McClure, N., Laird, R., **Mendez Campos, B.**, (Under Review: Revise & Resubmit) Pilot Trial of Florida- Resources for Enhancing Alzheimer's Caregiver Health (FL-REACH) Intervention in an Outpatient Memory Disorders Clinic, *Aging & Mental Health*.
6. **Mendez Campos, B.**, Hodges, J.C., Calvo, R., Ramirez, S., & Waters, M. (Under Review) Looking for Help in a Foreign Country: Experiences of Older Hispanic Immigrants Navigating Assistance Programs in America. *Journal of Gerontological Social Work*
7. **Mendez Campos, B.** & Calvo, R. (Under Review) Working with Older Latina Immigrant Caregivers. Oxford University Press. *Feminist Perspectives in Social Work Practice*.

## SYSTEMATIC REVIEWS- PUBLISHED REGISTRY

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**Mendez Campos, B.**, Lopez, B., Centeno, C., Grafft, N., Sabbath, E. (Status: abstract approved for submission to The Gerontologist). Relational-Level Factors and Vaccine Behaviors among Latinx/e Older Adults: A Systematic Review. PROSPERO 2023: CRD42023408399 International Prospective Register of Systematic Reviews, University of York and the U.K. National Institute for Health Research.

## PEER-REVIEWED PUBLICATIONS IN-PREPARATION

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1. **Mendez Campos, B.**, Laird, R., Allman, P., Abrevaya, J., Guralnik, J., (Status: Manuscript in revisions journal submission pending). Telehealth Caregiver Support and Dementia Care: A 12-Month Trend Analysis of Health, Emotional, and Economic Outcomes
2. **Mendez Campos, B.**, Briceño, E., Chang, W., Mehdipaneh, R., Lewandowski-Romps, L., Garcia, N., Gonzalez, J., Levine, D., Langa, K., Heeringa, S., & Morgenstern, L. Health and Organizational Literacy and Caregiver Burden: a Latinx Perspective using HCAP data (Status: Analysis phase)
3. **Mendez Campos, B.**, Latine Older Adults in America (Manuscript in-preparation invitation to submit from Oxford Press Encyclopedia of Social Work).
4. **Mendez Campos, B.**, Lopez, B., & Lyons, K., The Role of Friends and Family on Health Behaviors of Latine Older Adults (Manuscript under review by co-authors).

## HONORS AND AWARDS

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**Geriatric Scholar**, University of Michigan School of Social Work  
**Dean's Mission Scholarship**, University of Michigan School of Social Work  
**Alumni Board of Governor's Award**, University of Michigan Global Scholars  
**Order of Pegasus Award and Scholarship**, University of Central Florida, most prestigious award at the university  
**Honors in the Major Program Award**, University of Central Florida  
**Patricia T. Barnes Scholarship**, University of Central Florida School of Social Work  
**Dean's Scholarship**, University of Central Florida College of Health and Public Affairs  
**Student Government Association Scholarship**, University of Central Florida  
**Showcase of Undergraduate Research Award**, University of Central Florida  
**Women's History Month Award**, University of Central Florida  
**Multicultural Academic Excellence in Action Award**, University of Central Florida

## RESEARCH EXPERIENCE

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April 2024- present	<p><b>Data Scientist Lead and Principal Investigator</b>, Navigating Aging Needs</p> <p>Lead a team of multidisciplinary scholars: epidemiology, medicine, public health, nursing, economists, social workers, and organizational development professionals in statistical analysis and manuscript development for the Broward Country Panel Data Study</p> <p>Co-PI's: Rosemary Laird, MD, MHSA, Patricia Allman, CEO, Dr. Jack Guralnik MD, PhD, MPH, Jason Abrevaya, Ph.D</p>
December 2023- present	<p><b>Research Associate</b>, University of Michigan Physical Medicine and Rehabilitation.</p> <p>Lead literature synthesis and manuscript contributions to publications and leading manuscripts on structural challenges in dementia caregiving among Mexican Americans, depression and cognition in Black and African American cohorts, and development on memory and dementia with bilingual and racial/ethnic group disparities research</p> <p>Supervisor: Dr. Emily Briceno</p>
September 2023-present	<p><b>Research Assistant</b>, Health Equity and Research (HEAR) Collaborative.</p> <p>Lead synthesis and contributed to manuscripts on racial/ethnic disparities in gerontology research. Particular projects include</p>

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	<p>culturally competent practice in social work development, implementation science to advance equity, and health equity.</p> <p>Supervisor: Dr. Karen Bullock</p>
May 2023-September 2023	<p><b>Research Assistant</b>, Mi Vacuna Project (R01NR20482).</p> <p>Assisted with recruitment, training, and motivational interview evaluations of clinicians. Led part of the analysis and developed presentations. Assisted with manuscript development on public health Hispanic implementation research.</p> <p>Directors: Dr. Kirsten Davison and Dr. Rocio Calvo</p>
August 2021-May 2023	<p><b>Research Assistant</b></p> <p>Three separate studies assisted with recruitment, training, interviews, and coding. Led analysis, contributed to publications, and conducted literature reviews and synthesis:</p> <p>Russell Sage Foundation Older Latinx Immigrants' Well-Being Study</p> <p>National Institute of Health K01 Adelante Study Hurricane Maria Migration; Keeping It Real</p> <p>National Institute of Health R01 Alcohol and Substance Use Prevention Study</p> <p>Supervisors: Dr. Christopher Salas-Wright and Dr. Rocio Calvo</p>
October 2019-January 2021	<p><b>Clinical Social Worker Recruitment Liaison and Co-Investigator.</b> Resources for Enhancing Alzheimer's Caregiver Health (REACH). Dementia Caregiver Implementation Research.</p> <p>Supervisor: Dr. Tracy Wharton</p>
May 2018-November 2018	<p><b>Lead Researcher.</b> A Latin American Perspective on Aging Independent Global Study University of Michigan</p> <p>Led recruitment, conducted interviews, synthesized, and developed research presentation for stakeholders.</p> <p>Supervisor: Dr. Cristina Bares</p> <p>Principal Investigator: Barbara Mendez Campos</p>

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September 2017- December 2018    **Research Assistant and Principal Investigator.** The University of Michigan School of Social Work. Community Health Worker (CHW) Diabetes Interventions; and Healthy Mom’s Project

Directors and Co-PI’s: Dr. Edith Kieffer, Brandy Sinco, and Dr. Michael Spencer

June 2016-May 2017    **Principal Investigator.** University of Central Florida & Alzheimer’s and Dementia Resource Center

Supervisors: Edith Gendron, and Dr. Denise Gammonley

Principal Investigator: Barbara Mendez Campos

## **PEER-REVIEWED PRESENTATIONS**

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2024 **Mendez Campos, B.**, Lopez, B., & Lyons, K. Health Horizons: Exploring How Interpersonal Factors Shape Health Behaviors among Latine Older Adults: A Scoping Review. Boston College Graduate Research Symposium, Chestnut Hill, MA.

2024 Lopez, B., **Mendez Campos, B.**, & Sabbath, E. Financial Capability Among Older Adult Immigrants: A Systematic Review. Boston College Graduate Research Symposium, Chestnut Hill, MA.

2024 Scrivano, R. M., **Mendez Campos, B.**, O'Brien, K., Soto, X., Ruelas, N., Alfonso, J., Southwick, E., Calvo, R., van de Water, B., Haneuse, S., & Davison, K. K. Reducing vaccine hesitancy among Latinx adults with mental illness: Perceptions of MI VACUNA training and implementation. The 45th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA, United States.

2024 Bullock, K., & **Mendez Campos, B.**, Research Priorities and Capacity Building for Diverse Faculty Scholars in Social Work Workshop presented at Society for Social Work Research

2024 Bullock, K. & **Mendez Campos, B.**, Using Implementation Science to Advance Equity in Global Mental Healthcare Among Women in Rural Rwanda presented at Society for Social Work Research

2023 **Mendez Campos, B.**, Help-Seeking Among Hispanic Immigrants Navigating Assistance Programs. Presented at the Gerontological Society of America.

2023 Bullock, K., **Mendez Campos, B.**, Implementation Science: A Strategy for Addressing Health Equity Among Racially Diverse Older Adults. Presented at the Gerontological Society of America

2023 **Mendez Campos, B.**, Hodges, J.C., Calvo, R., Ramirez, S., & Waters, M. Looking for Help in a Foreign Country: Experiences of Older Hispanic Immigrants Navigating Assistance in America. Paper. Gerontological Society of America.

2022 **Mendez Campos, B.** “International Conference: (Re)-Imagine the Future of Experiential Education” Speaker at Association for Experiential Education

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2022 Matz, T., Morrow-Howell, N., James, J., Gonzales, E., Halvorsen, C., Farmand, A., Jason, K., Ho Lai Lam, P., & **Mendez Campos, B.** “Reimagining Productive Aging for a Post-COVID World: Critical Reflections and New Directions” Workshop presented at Gerontological Society of America

2022 Graft, N., Walker, D., Hawkins, S., & **Mendez Campos, B.** Impact of recreational cannabis legalization on adolescent risky sexual behaviors. Poster accepted at the Annual American Public Health Association, Boston, MA

2022 Salas-Wright, C. P., Hodges, J.C.\*, Cano, M., **Campos, B.M.\***, & Vaughn, M.G. Driving under the influence of stimulants: Prevalence and psychosocial correlates. Poster presented at the Annual Conference for the Society for Social Work and Research, Washington, D.C.

2020 **Mendez Campos, B.**, Lalonde, C., Shepherd, G. “Technology Talk: Resources for Caregivers of Older Adults with Dementia” Presented at Central Florida Memory Disorder Neuroscience Institute Conference

2018 **Mendez Campos, B.** “Effectiveness of a Community Health Worker-Led Diabetes Intervention among Older and Younger Latino Participants: Results from a Randomized Controlled Trial” Poster presented at University of Michigan School of Social Work Conference

## **PROFESSIONAL PRESENTATIONS**

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2021 **Mendez Campos, B.**, Grief Training for Professionals. Presented at the University of Central Florida

2018 **Mendez Campos, B.** Findings from a Needs Assessment of the Systems for Older Adults in Chile and Peru. Presented at the Alumni Board of Governors Global Scholars University of Michigan

2017 Kieffer, E., Palmisano, G., **Mendez Campos, B.**, Hess, K., Sinco, B., Ficker, G., Spencer, M., Piatt, G. “Integrating Community Health Workers Into Interdisciplinary Healthcare Teams in a Federally Qualified Health Center (FQHC): Patients’ and Providers’ Perspectives and Preliminary Outcomes” Presented at Community Health and Social Services Center (CHASS) Detroit Funders Meeting

2017 **Mendez Campos, B.** “Use of a Music and Memory Program by Caregivers of Persons with Dementia” Presented at the Student Mentoring Conference in Gerontology and Geriatrics

2017 **Mendez Campos, B.**, “Sustainability: Training of A Music Program an Adult Day Center” Presented at The Oaks Adult Day Center Staff Training

## **PROFESSIONAL SOCIAL WORK EXPERIENCE**

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**My Memory Clinic, FL**

Aug 2022-present

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*Lead/Senior Licensed Clinical Social Worker*

- Provide clinical and macro social work services and resources to older adults and caregivers facing dementia and other functional challenges
- Work with an interdisciplinary team and help develop the LCSW position for future social workers within a startup company

**Navigating Aging Needs, FL**

Jun 2022- present

*Expert Consultant LCSW*

- Provide expert consultation with caregivers addressing health, mental health, and systematic barriers to care. Expertise provided in sessions focused on grief, dementia caregiving, education and care, behavioral challenges, mental health and stress, life and environmental transitions, care services, and support resource navigation.
- Help build a caregiver registry longitudinal dataset

**Heart Bonds Private Practice Counseling Group,**

Orlando, FL

Aug 2020 – Aug 2021

*Therapist, LCSW*

- Conducted therapy with adult clients. Implementing a combination of person-centered modalities, including Cognitive Behavioral Therapy, Gestalt, Mindfulness-Based, Motivational Interviewing, Adventure and Experiential, and Strengths-Based Approaches
- Served clients with Addictions, Dementia, Grief, Caregiving, Anxiety, Bipolar, and Depression

**Catholic Charities of Central Florida Behavioral Health Department,**

Orlando, FL

Jan 2021-Jul 2021

*Licensed Clinical Social Worker*

- Provided outpatient counseling/therapy services to individuals, couples, and families with a caseload of 20-25 clients
- Provided specialized grief, substance abuse, and geriatric counseling services
- Developed a Grief Experiential Training and trained 50 staff members in local non-profit organizations and the University of Central Florida

**Advent Health Medical Group Centre for Senior**

**Health,** Winter Park, FL

Feb 2019–Feb 2021

*Clinical Social Worker*

- Collaborated with an interprofessional team to provide clinical, counseling, and case management services for older adult patients and families
- Provided crisis intervention, education, stress and grief support, coping strategies, abuse and neglect evaluation, and intervention
- Conducted care management and therapy sessions in English and Spanish with families and individuals encompassing a range of mental health and health challenges, including dementia, cancer, chronic pain, substance abuse, bipolar, schizophrenia, OCD, personality disorders, depression, anxiety, PTSD, and intellectual disability



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**Mariners Inn Shelter and Treatment Center for the Homeless,**  
Detroit, MI

May 2018 – Jan 2019

*Substance Abuse Counseling, MSW Inpatient Unit and Recovery Housing*

- Conducted individual person-centered behavioral therapy sessions with a caseload of 10-15 patients in residential and inpatient units on a weekly basis with substance abuse, including opioids, stimulants, alcohol, cocaine, inhalants, and benzodiazepines.
- Led structured group therapy and didactic sessions with a caseload of 45-50 men and incorporated adventure-based therapy, mindfulness-based cognitive behavioral therapy, motivational interviewing, stages of change model, 12-step recovery, and other relapse prevention and recovery strategies

**University of Michigan School of Social Work, Ann Arbor, MI**

Sep 2017 – Dec 2018

*Gerontology Learning Community Program Assistant*

- Provided outreach, advocacy, and education to students and the larger community in relation to the aging field
- Managed small funds, grants, and applications for funding in pursuits of increased education and endeavors to spread awareness of gerontology-related challenges
- Prepared and presented reports to the gerontology faculty and funder board

## **TEACHING EXPERIENCE**

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### **Instructor of Record**

Spring 2025 SCWK8802.01 Policy for an Aging Society: Issues and Options  
Spring 2024 SCWK8802.01 Policy for an Aging Society: Issues and Options

### **Doctoral-Teaching Assistant**

Fall 2024 SCWK9964.01 Introduction to Statistics and Data Analysis (Doctoral Course;  
Professor: Dr. Indrani Saran)  
Spring 2024 SCWK8841.04 Spring 2024 Program Evaluation (Professor: Dr. Christina Matz)  
Spring 2023 SCWK8802.01 Policy for an Aging Society: Issues and Options  
(Professor: Dr. Cal Halvorsen)  
Fall 2022 SCWK9964.01 Introduction to Statistics and Data Analysis (Doctoral Course;  
Professor: Dr. Indrani Saran)  
Fall 2022 SCWK8823.01 Practice in Health and Mental Health Settings with Older Adults  
(Professor: Dr. Karen Bullock)

### **Guest Lecturer- Master's Level Courses**

Fall 2024 SCWK8856 Clinical Practice with Adults: Assessment, Intervention, and Evidence-  
Based Practice. Topic: Cognition and Caregiving in Clinical Practice  
Spring 2024 SCWK8856 Clinical Practice with Adults: Assessment, Intervention, and Evidence-  
Based Practice. Topic: Cognition and Caregiving in Clinical Practice

Fall 2022	SCWK8823.01 Practice in Health and Mental Health Settings with Older Adults
Winter 2020	SOW 3740 - Social Work Practice with Loss & Life's Transitions Topic: Unique Grief and Loss in Caregivers of Individuals with Memory Loss

## **VOLUNTEER & PEER REVIEW EXPERIENCE**

### **Ad Hoc Reviewer with Impact Factor**

Social Science and Medicine- Population Health, 2024 | 4.7  
 American Journal of Preventive Medicine, 2019 | 4.435  
 American Journal of Community Psychology, 2021 | 3.554  
 International Journal of Environmental Research and Public Health, 2020 | 3.39  
 Substance Use and Misuse, 2021 | 1.132

**Gerontological Society of America, *Abstract Reviewer*** March 2024-April 2024

**Letters with Love Program, *Volunteer*** August 2021-Present  
 Winter Park, FL  
 Addressing the social isolation of older adults by sending letters and art to group and nursing homes

**Dawn Farm Addiction Treatment Center, *Group Therapy Co-Facilitator***, May 2018-June 2018  
 Ypsilanti, MI  
 Conducted adventure-based group therapy for 10 Addiction Counselor staff members

**University of Michigan Gerontology Honors Society, *President***, September 2017-December 2018  
 Ann Arbor, MI  
 Created, planned, and managed volunteer activities, social events, board meetings and actively collaborated with faculty from Gerontology Learning Community

## **PROFESSIONAL MEMBERSHIPS AND SERVICE LEADERSHIP**

<b>Association for Gerontology Education in Social Work, <i>Board Elected Lead</i></b>	October 2023-present
<b>Gerontological Society of America</b>	August 2022-present
<b>Society of Social Work Research</b>	August 2021-present
<b>Orange County Drug-Free Coalition, <i>Treatment Committee</i></b>	August 2020 - present
<b>Association for Experiential Education, <i>Member</i></b>	July 2020 - present
<b>Elder Justice Coalition, <i>Member</i></b>	September 2017 - December 2018
<b>LatinX Student Association, <i>Member</i></b>	September 2017 - December 2018
<b>Leadership Diversity Conference, <i>Presenter</i></b>	August 2017

## **CERTIFICATION AND TRAINING**

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**Linear Mixed Effects Modeling workshop, Academic Research Services, Boston College**  
**Applied Structural Equation Modeling Workshop ICPSR course, Boston College School of Social Work.**

**Multilevel Modeling ICPSR course, University of Michigan**

**Psychometrics ICPSR course, University of Michigan**

**Nvivo Analysis Training workshop, Boston College**

**ASWB Clinical Social Work Licensure, State of Florida**

**SUD SBIRT (Substance Use Disorder Screening, Brief Intervention, Referral to Treatment) Training Certificate, University of Central Florida**

**Human Services Management Certificate, University of Michigan**

**Clinical Dementia Practice Certificate, University of Michigan**

**Addictions Counseling Certificate, University of Michigan**

## **ANALYTIC SOFTWARE**

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Stata, R, Python, GitBash/GitHub, Nvivo, Dedoose

## **LANGUAGES**

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- **Spanish**- First language
- **English**- Second language