

## Cognitive & Affective Neuroscience Lab

Why can I remember an argument I had with my roommate as if it were yesterday (really it was a year ago) and yet I have trouble remembering what I ate for breakfast today?

After a good night's sleep, I am so much better at regulating my emotions and at remembering information I studied the day before. Why?

Why is it so hard to remember information when I'm stressed out?

How will my ability to remember events or to process the emotion of events change as I get older?



Do you want to know the answer to questions like these?  
So do we! So we're designing experiments to try to answer them.  
We're fascinated by how emotion, sleep, and aging all intersect to affect what we experience and what we remember. You can learn even more about our research at <https://www.bccanlab.com/>

Want to join us? Reach out to [canlab@bc.edu](mailto:canlab@bc.edu)  
We might not have an opening right away, but we can keep your information on-file.