

## CURRICULUM VITAE

James R. Mahalik  
 Campion Hall 312  
 Boston College  
 Chestnut Hill, Massachusetts 02467  
 Phone: 617.552.4077  
 e-mail: Mahalik@bc.edu

## EDUCATION

University of Maryland, Ph.D., 1990  
 Counseling Psychology (APA Approved)

University of Maryland, M.A., 1988  
 Counseling Psychology

University of Maryland, B.A., Psychology, 1985  
 Attended Borromeo College of Ohio 1981-1984

## HONORS

Fellow, American Psychological Association  
 Society of Counseling Psychology (2006)  
 Society for the Psychological Study of Men and Masculinity  
 (2006)

Fellow, Association for Psychological Science (2009)

Researcher of the Year Award from the Society for the Psychological  
 Study of Men and Masculinity, Division 51 of the American  
 Psychological Association (2003)

University of Maryland Fellow (1986-1988)

## PROFESSIONAL HISTORY

September 2006 – present	Full Professor Department of Counseling, Developmental, and Educational Psychology Boston College
August 2012 – December 2016	Associate Dean of Faculty and Academic Affairs Lynch School of Education Boston College

September 1996 – August 2006 Associate Professor  
Department of Counseling, Developmental,  
and Educational Psychology  
Boston College

September 1990 – June 1996 Assistant Professor  
Department of Counseling, Developmental  
Psychology, and Research Methods,  
Boston College

Pre-doctoral Positions

August 1989 - July 1990 Doctoral Intern, University of Missouri  
Counseling Center (APA Approved)

August 1988 - May 1989 Doctoral Extern, Catholic University of America  
Counseling Center

January 1989 - May 1989 Instructor, Department of Psychology,  
University of Maryland

TEACHING

Undergraduate Courses

Psychology of Gender  
Gender Roles  
Personality Theories  
Statistics for Behavioral Research

Masters Courses

Issues in Counseling Men  
Personality and Counseling Theories I  
Personality and Counseling Theories II  
Psychological Testing  
Theory and Practice of Clinical Counseling  
Introduction to Behavioral Statistics  
Principles and Techniques of Counseling  
Counseling Theories and Process  
Psychopathology

Doctoral Courses

Seminar in Quantitative Research Design in Counseling, Developmental and  
Educational Psychology

Seminar in Career Development  
Dissertation Seminar in Counseling, Developmental, and Educational Psychology

Dissertation Direction – Chair

Robert Cournoyer	Natalie Sufler	Sharon Paulshock	Kate Roy-Sullivan
Robert Mintz	Andrew Wisch	Sheila Combs	William DeFranc
Martin Pierre	Ben Locke	Kathleen Ting	Sara Kimmel
Theresa Ferns	Ann G. Larned	Susan Tsao-Esty	Shaun Burns
Sam Wan	Jay Morrison	Aimee Coonerty-Femiano	
Christine Catraio	Chris Hamilton	Faedra Backus	Alyssa Milot
Shea Fedigan	Michael Di Bianca	Michael Harris	

PROFESSIONAL ORGANIZATIONS

American Psychological Association, Fellow in 2006

Affiliations: Fellow of the Society of Counseling Psychology (Division 17)  
Member of the Psychology of Women (Division 35)  
Member of Health Psychology (Division 38)  
Fellow of the Society for the Psychological Study of Men and  
Masculinity (Division 51)

Association for Psychological Science, Fellow in 2009

SERVICE

Professional

Reviewer for Center for American Indian and Alaska Native Diabetes Translation  
Research (2022)

Review Committee for the American Psychological Foundation's Wayne F.  
Placek Grants (2020)

Member of APA Interdivisional Coalition for Psychology in Schools and  
Education (2012 – 2016)

Co-Chair of the Men, Masculinity, and Men's Studies Special Interest Group in  
the Society of Counseling Psychology (2005 – 2011)

Task Force Member of Committee to Develop Practice Guidelines for Clinical  
Work with Boys and Men, Society for the Psychological Study of Men  
and Masculinity, American Psychological Association (2005 – 2008)

Ad-hoc Consultant for Division 17 Special Task Group Integrating Guidelines for Training and Practice Competency, American Psychological Association (2005 - 2007)

American Psychological Association Cluster E Representative for Annual Convention (2002 - 2003)

American Psychological Association Program Chair for Division 51 - Society for the Psychological Study of Men and Masculinity (2002 - 2003)

Member of Publications Committee for the Society for the Psychological Study of Men and Masculinity (2004 - 2018)

Boston College Department of Counseling, Developmental, and Educational Psychology

*Director of Training* for APA Approved Counseling Psychology Doctoral Program from 1998 - 2000; 2007 – 2010; 2022.

*Program Coordinator* for Mental Health Counseling from 1991 - 1997 and 2005 - 2006.

Other School of Education Service

Academic Standards Committee (2023-2026)

Promotion and Tenure Committee (1997 – 1998; 1999 - 2001; 2004; 2008 - 2010)

Formative Education Search Chair (2018-2019)

Faculty Awards Committee (2006 – 2008)

Education Policy Committee (1995, 1998 - 2000, 2004, 2012 – 2014, 2018-2021)

Technology Committee (1999 - 2004)

Counseling Psychology Search Chair (1997 – 1998; 2008 - 2009)

Human Subjects Committee (1994 - 1999)

Professional Development Points / Continuing Education Units Committee (1995)

Faculty Fellowship Committee (1992, 1995)

Faculty Awards Committee in Counseling, Developmental and Educational Psychology Department (2006 – 2010)

University

Grievance Committee – Boston College (2019 – present)

Faculty Compensation Committee – Boston College (2010 – 2012)

Chair, University Institutional Review Board – Boston College (2007 – 2009)

Institutional Review Board Member - Boston College (1998 – 2004, 2007-2010)

Psychologist at University Counseling Services seeing clients for emotional-social problems (January 1992 - May 1993)

## Community

Research committee for the Fatherhood Project at Massachusetts General Hospital (2017 – 2019)

Consultant for MassMen Project Addressing Depression Screening and Referral (2017 – 2018)

Research committee for the Boston Institute of Psychotherapy (1993 - 1994)

Research committee for Mental Health Services at Harvard Community Health Plan (1990 - 1992)

## EDITORIAL SERVICE

Editorial Board Member, *Psychology of Men and Masculinities* (1999 – 2010; 2018 – present)

Associate Editor, *Psychology of Men and Masculinities* (2011 – 2012)

Editorial Board Member, *Journal of Men's Health* (2022 – 2024)

Editorial Board Member, *Journal of Counseling Psychology* (1993 - 2002; 2005 - 2007)

Editorial Board Member, *Journal of Counseling and Development* (1997 - 2000)

Editor, American Psychological Association's Newsletter *Society for the Psychological Study of Men and Masculinity Bulletin* (1998 - 2001)

Associate Editor, American Psychological Association's Newsletter *Society for the Psychological Study of Men and Masculinity Bulletin* (1997 - 1998)

American Psychological Association Convention Program Committees

*Program Committee Chair*, Division for the Psychological Study of Men and Masculinity (Division 51), 2003.

*Program Committee*, Division of Counseling Psychology (Division 17), 1991-1994, 1998-2001.

*Program Committee*, Division for the Psychological Study of Men and Masculinity (Division 51), 1998 - 2002 and 2004

*Program Committee*, Division of Psychology of Women (Division 35), 1993.

Ad hoc reviewer for *American Psychologist*  
 Ad hoc reviewer for *Journal of Behavioral Medicine*  
 Ad hoc reviewer for *Social Science and Medicine*  
 Ad hoc reviewer for *Journal of Health Psychology*  
 Ad hoc reviewer for *Preventive Medicine*  
 Ad hoc reviewer for *Applied Psychology: Health and Well-Being*  
 Ad hoc reviewer for *Psycho-Oncology*  
 Ad hoc reviewer for *Ecology of Food and Nutrition*  
 Ad hoc reviewer for *Journal of Men's Health and Gender*  
 Ad hoc reviewer for *The International Journal of Men's Health*  
 Ad hoc reviewer for *Journal of Prevention and Health Promotion*  
 Ad hoc reviewer for *Culture, Health, and Sexuality*  
 Ad hoc reviewer for *Sociology of Health and Illness*  
 Ad hoc reviewer for *Psychotherapy Research*  
 Ad hoc reviewer for *Journal of Counseling Psychology*  
 Ad hoc reviewer for *The Counseling Psychologist*  
 Ad hoc reviewer for *Journal of Multicultural Counseling and Development*  
 Ad hoc reviewer for *Journal of Social and Clinical Psychology*  
 Ad hoc reviewer for *Cognitive Therapy and Research*  
 Ad hoc reviewer for *Group Dynamics: Theory, Research, and Practice*  
 Ad hoc reviewer for *Sex Roles*  
 Ad hoc reviewer for *The Journal of Men's Studies*  
 Ad hoc reviewer for *Men and Masculinities*  
 Ad hoc reviewer for *Counsellors and Psychotherapists Association Quarterly*  
 Ad hoc reviewer for *Sport, Exercise, and Performance Psychology*  
 Ad hoc reviewer for *Journal of Vocational Behavior*  
 Ad hoc reviewer for *Journal of Counseling and Development*  
 Ad hoc reviewer for *Professional Psychology: Theory, Research and Practice*  
 Ad hoc reviewer for *Psychotherapy*  
 Ad hoc reviewer for *Journal of Counselling, Spirituality and Health*  
 Ad hoc reviewer for *Journal of Clinical Psychology*  
 Ad hoc reviewer for *Psychological Assessment*  
 Ad hoc reviewer for *British Journal of Psychiatry*  
 Ad hoc reviewer for *Journal of Experimental Psychology: Applied*  
 Ad hoc reviewer for *Journal of Community Medicine & Public Health Care*

## JOURNAL ARTICLES

- Harris, M. P., & Mahalik, J. R. (2024). Dominant masculinity and marginalized sexuality: Extending minority stress theory for gay and bisexual+ men. *Psychology of Sexual Orientation and Gender Diversity*. <https://doi.org/10.1037/sgd0000656>
- Mahalik, J. R., Harris, M. P., & Di Bianca, M. (2023). Men's depressive symptoms, health beliefs, masculinity, and heart-healthy behaviors: Examining moderators of a mediated model. *Psychology of Men & Masculinities*, 24, 113 – 122. <https://doi.org/10.1037/men0000416>

- Mahalik, J. R., Di Bianca, M., & Martin, N. G. (2023). Evaluation of brief online interventions to increase sense of purpose for fathers living in the U.S. *Psychology of Men & Masculinities*, 24, 26-33. <https://doi.org/10.1037/men0000414>
- Harris, M. P., & Mahalik, J. R. (2023). Sexual stigma, masculinity, and physical intimate partner violence perpetration among sexual minority men: A moderated moderation analysis. *Psychology of Violence*, 13(4), 297–307. <https://doi.org/10.1037/vio0000473>
- Anghel, E., Mahalik, J., & Harris, M. P. (2023). Examining the measurement invariance of the CMNI-30 by sexual orientation. *Assessment*, 30, 2318-2331. <https://doi.org/10.1177/10731911221149085>
- Mahalik, J. R., Di Bianca, M., & Harris, M. P. (2022). Conformity to masculine norms and men's responses to the COVID-19 pandemic. *Psychology of Men & Masculinities*. 23, 445–449. <https://doi.org/10.1037/men0000401>.
- Di Bianca, M., & Mahalik, J. R. (2022). A relational-cultural framework for promoting healthy masculinities. *American Psychologist*, 77, 321-332. <https://doi.org/10.1037/amp0000929>
- Mahalik, J. R., & Di Bianca, M. (2022). Expanding the work of developing healthy masculinities: Reply to Griffith (2022), Liang (2022), and Rogers (2022). *American Psychologist*, 77, 341-343. <https://doi.org/10.1037/amp0001003>
- Mahalik, J. R., Di Bianca, M., & Harris, M. P. (2022). Men's COVID-19 health practices: Understanding the complexities of mask-ularity in the pandemic. *Journal of Health Psychology*, 27, 1187-1204. <https://doi.org/10.1177/1359105321990793>.
- Mahalik, J. R., Sims, J. P., & Di Bianca, M. (2021). Men's head and heart: Health beliefs mediating depression's relationship to heart healthy behaviors. *Psychology of Men & Masculinities*, 22, 422-426. <https://doi.org/10.1037/men0000334>.
- Mahalik, J. R., & Di Bianca, M. (2021). Help-seeking for depression as a stigmatized threat to masculinity. *Professional Psychology: Research and Practice*, 52, 146-155. <https://doi.org/10.1037/pro0000365>.
- Di Bianca, M., Martin, N. G., & Mahalik, J. R. (2021). Every guy needs his team: The promise of peer-led mentoring groups for college men. *The Journal of American College Health*. <https://doi.org/10.1080/07448481.2021.1895804>

- Mahalik, J. R. (2020). Understanding the role of inflexibly enacted masculinity norms in therapy: A commentary on the case of “Tommy”. *Pragmatic Case Studies in Psychotherapy*, *16*, 305-311. <https://doi.org/10.14713/pcsp.v16i3.2078>
- Mahalik, J. R., Di Bianca, M., & Sepulveda, J. (2020). Examining father status and purpose to understand new dad’s healthier lives. *Psychology of Men & Masculinities*, *21*, 570-577. <https://doi.org/10.1037/men0000256>
- Levant, R. F., McDermott, R., Parent, M. C., Alshabani, N., Mahalik, J. R., & Hammer, J. H. (2020). Development and evaluation of a new short form of the *Conformity to Masculine Norms Inventory* (CMNI-30). *Journal of Counseling Psychology*, *65*, 622-636. <https://doi:10.1037/cou0000414>
- Mahalik, J. R., & Dagirmanjian, F. R. (2019). Working class men’s constructions of help-seeking when feeling depressed or sad. *American Journal of Men’s Health*, *13*. Advance online publication. <https://doi.org/10.1177/1557988319850052>
- Milot Travers, A. S., & Mahalik, J. R. (2019). Positive youth development as a protective factor for adolescents at risk for depression and alcohol use. *Applied Developmental Science*, *25*, 322–331. <https://doi.org/10.1080/10888691.2019.1634569>
- Lombardi, C. M., Coley, R. L., Sims, J., Lynch, A. D., & Mahalik, J. R. (2019). Social norms, social support, and sex differences in adolescent mental and behavioral health. *Journal of Child and Family Studies*, *28*, 91-104. <https://doi.org/10.1007/s10826-018-1253-7>
- Mahalik, J. R., & Dagirmanjian, F. R. (2018). Working men’s constructions of seeking medical help. *American Journal of Men’s Health*, *12*, 1582-1592. <https://doi.org/10.1177/1557988318777351>
- Dagirmanjian, F. R., Mahalik, J. R., Boland, J., Colbow, A., Dunn, J., Pomarico, A., & Rappaport, D. (2017). How do men construct and explain men’s violence? *Journal of Interpersonal Violence*, *32*, 2275-2297.
- Mahalik, J. R., Lombardi, C. M., Sims, J., Coley, R. L., & Lynch, A. D. (2015). Gender, male-typicality, and social norms predicting adolescent alcohol intoxication and marijuana use. *Social Science and Medicine*, *143*, 71-80.
- Lynch, A. D., Coley, R. L., Sims, J., Lombardi, C. M., & Mahalik, J. R. (2015). Direct and interactive effects of parent, friend, and schoolmate drinking on alcohol use trajectories. *Psychology and Health*, *30*, 1183-1205.
- Mahalik, J. R. (2014). Both/and, not either/or: A call for methodological pluralism in research on masculinity. *Psychology of Men & Masculinity*, *15*, 365-368.



- Mahalik, J. R., Coley, R. L., Lombardi, C. M., Lynch, A. D., Markowitz, A., & Jaffee, S. R. (2013). Changes in health risk behaviors for males and females from early adolescence through early adulthood. *Health Psychology, 32*, 685-694.
- Coley, R. L., Lombardi, C. M., Lynch, A. D., Mahalik, J., & Sims, J. (2013). Sexual partner accumulation from adolescence through early adulthood: The role of family, peer, and school social norms. *Journal of Adolescent Health, 53*, 91-97.
- Mahalik, J. R., Addis, M., Kilmartin, C., & O'Neil, J. M. (2013). Complexities and challenges when teaching the Psychology of Men: Four experienced professors discuss their pedagogical processes. *Psychology of Men & Masculinity, 14*, 248-255.
- Kilmartin, C., Addis, M., Mahalik, J. R., & O'Neil, J. M. (2013). Teaching the psychology of men and masculinity: Four experienced professors discuss their courses. *Psychology of Men & Masculinity, 14*, 240-247.
- Mahalik, J. R., Good, G. E., Tager, D. T., Levant, R. F., & Mackowiak, C. (2012). Developing a taxonomy of helpful and harmful practices for clinical work with boys and men. *Journal of Counseling Psychology, 59*, 591-603. <https://doi.org/10.1037/a0030130>
- Mahalik, J. R., & Burns, S. M. (2011). Predicting health behaviors in young men that put them at risk for heart disease. *Psychology of Men & Masculinity, 12*, 1-12. <https://doi.org/10.1037/a0021416>
- Burns, S. M., & Mahalik, J. R. (2011). Suicide and dominant masculinity norms among current and former United States military servicemen. *Professional Psychology, 42*, 347-353. <https://doi.org/10.1037/a0025163>.
- Pierre, M. R., Chadee, D. A., Bazelais, K. N., & Mahalik, J. R. (2011). Racism as a predictor of psychological distress in a sample of Trinidadian college students. *Social and Economic Studies, 60*, 105-125.
- Backus, F., & Mahalik, J. R. (2011). The masculinity of Mr. Right: Feminist identity and heterosexual women's ideal romantic partners. *Psychology of Women Quarterly, 35*. 318-326.
- Hamilton, C. J., & Mahalik, J. R. (2009). Minority stress, masculinity, and social norms predicting gay men's health risk behaviors. *Journal of Counseling Psychology, 56*, 132-141.
- Burns, S. M., Mahalik, J. R., Hough, S., & Greenwell, A. N. (2008). Adjustment to changes in sexual functioning following spinal cord injury: The contribution of men's adherence to scripts for sexual potency. *Sexuality and Disability, 4*, 197-205.

- Mahalik, J. R. (2008). A biopsychosocial perspective on men's depression. *Clinical Psychology: Science and Practice, 15*, 174-177.
- Burns, S. M., & Mahalik, J. R. (2008). Treatment type and emotional control as predictors of men's physical well-being following treatment for prostate cancer. *Psychology of Men & Masculinity, 9*, 55-66.
- Burns, S. M., & Mahalik, J. R. (2008). Sexual functioning as a moderator of the relationship between masculinity and men's adjustment following treatment for prostate cancer. *American Journal of Men's Health, 2*, 6-16.
- Mahalik, J. R., Burns, S. M. & Syzdek, M. (2007). Masculinity and perceived normative health behaviors as predictors of men's health behaviors. *Social Science and Medicine, 64*, 2201-2209.
- Mahalik, J. R., Walker, G., & Levi, M. (2007). Health behaviors and masculinity in Australian college men. *Psychology of Men and Masculinity, 8*, 240-249.
- Burns, S. M., & Mahalik, J. R. (2007). Understanding how masculine gender scripts may contribute to men's adjustment following treatment for prostate cancer. *American Journal of Men's Health, 1*, 250-261.
- Burns, S. M., & Mahalik, J. R. (2006). Physical health, self-reliance, and emotional control as moderators of the relationship between locus of control and mental health among men treated for prostate cancer. *Journal of Behavioral Medicine, 29*, 561-572.
- Mahalik, J. R., Lagan, H., & Morrison, J. A. (2006). Health behaviors and masculinity in Kenyan and U.S. male college students. *Psychology of Men and Masculinity, 7*, 191-202.
- Mahalik, J. R., & Rochlen, A. B. (2006). Men's likely coping responses to clinical depression: What are they and do masculinity norms predict them? *Sex Roles, 55*, 659-667.
- Mahalik, J. R., Pierre, M. R., & Wan, S. S. C. (2006). Examining racial identity and masculinity as correlates of self-esteem and psychological distress in Black men. *Journal of Multicultural Counseling and Development, 34*, 94-104.
- Mahalik, J. R., & Morrison, J. A. (2006). A cognitive therapy approach to increasing father involvement by changing restrictive masculine schemas. *Cognitive and Behavioral Practice, 13*, 62-70. <https://doi.org/10.1016/j.cbpra.2005.02.001>

- Mahalik, J. R., Perry, J. C., Coonerty-Femiano, A., Catraio, C., & Land, L. (2006). Examining conformity to masculinity norms as a function of RIASEC vocational interests. *Journal of Career Assessment, 14*, 203-213.
- Kimmel, S. B., & Mahalik, J. R. (2005). Body image concerns of gay men: The roles of minority stress and conformity to masculine norms. *Journal of Consulting and Clinical Psychology, 73*, 1185-1190.
- Locke, B. D., & Mahalik, J. R. (2005). Examining masculinity norms, problem drinking, and athletic involvement as predictors of sexual aggression in college men. *Journal of Counseling Psychology, 52*, 279-283.
- Mahalik, J. R., Talmudge, W. T., Locke, B. D., & Scott, R. P. J. (2005). Using the Conformity to Masculine Norms Inventory to work with men in a clinical setting. *Journal of Clinical Psychology, 61*, 661-674.
- Mahalik, J. R., Morray, E., Coonerty-Femiano, A., Ludlow, L. H., Slattery, S. M., & Smiler, A. (2005). Development of the Conformity to Feminine Norms Inventory. *Sex Roles, 52*, 317-335.
- Mahalik, J. R., Aldarondo, E., Gilbert-Gokhale, S., & Shore, E. (2005). The role of insecure attachment and gender role stress in predicting controlling behaviors in men who batter. *Journal of Interpersonal Violence, 20*, 617-631.
- Pierre, M. R., & Mahalik, J. R. (2005). Examining African self-consciousness and Black racial identity as predictors of Black men's psychological well-being. *Cultural Diversity and Ethnic Minority Psychology, 11*, 28-40.
- Kimmel, S. B., & Mahalik, J. R. (2004). Measuring masculine body ideal distress: Development of a measure. *International Journal of Men's Health, 3*, 1-10.
- Rochlen, A. B., & Mahalik, J. R. (2004). Women's perceptions of male partner's gender role conflict as predictors of women's psychological well-being and relationship satisfaction. *Psychology of Men and Masculinity, 5*, 147-157.
- Sirin, S., McCreary, D., & Mahalik, J. R. (2004). Differential reactions to men and women's gender role transgressions: Perceptions of social status, sexual orientation, and value dissimilarity. *Journal of Men's Studies, 12*, 119-132.
- Nghe, L., Mahalik, J. R., and Lowe, S. M. (2003). Influences on Vietnamese men: Examining traditional gender roles, the refugee experience, acculturation, and racism in the U.S. *Journal of Multicultural Counseling and Development, 31*, 245-261.
- Mahalik, J. R., Good, G. E., & Englar-Carlson, M. (2003). Masculinity scripts, presenting concerns and help-seeking: Implications for practice and training. *Professional*

- Psychology: Theory, Research and Practice*, 34, 123-131.
- Mansfield, A. K., Addis, M. E., & Mahalik, J. R. (2003). Why won't he go to the doctor?: The psychology of men's help seeking. *International Journal of Men's Health*, 2, 93-109.
- Addis, M. E., & Mahalik, J. R. (2003). Men, masculinity, and the contexts of help-seeking. *American Psychologist*, 58, 5-14.
- Reprint in Italian:* Addis, M. E., & Mahalik, J. R. (2003). Gli uomini, la mascolinita e i contesti della richiesta d'aiuto. *Bollettino di Psicologia Applicata*, 241, 3-15.
- Mahalik, J. R., Locke, B. D., Ludlow, L., Diemer, M., Scott, R. P. J., Gottfried, M., & Freitas, G. (2003). Development of the Conformity to Masculine Norms Inventory. *Psychology of Men and Masculinity*, 4, 3-25.
- Pierre, M. R., Mahalik, J. R., & Woodland, M. (2002). The effects of racism, African self-consciousness and psychological functioning on Black masculinity: A historical and social adaptation framework. *Journal of African American Men*, 6, 19-39.
- DeFranc, W., & Mahalik, J. R. (2002). Masculine gender role conflict and stress in relation to parental attachment and separation. *Psychology of Men and Masculinity*, 3, 51-60.
- Mahalik, J. R., Locke, B. D., Theodore, H., Cournoyer, R. J., & Lloyd, B. F. (2001). A cross-national and cross-sectional comparison of men's gender role conflict and its relationship to social intimacy and self-esteem. *Sex Roles*, 45, 1-14.
- Mahalik, J. R., & Lagan, H. (2001). Examining masculine gender role conflict and stress in relation to religious orientation and spiritual well-being. *Psychology of Men and Masculinity*, 2, 24-33.
- Efthim, P. W., Kenny, M. E., & Mahalik, J. R. (2001). Failing to live up to gender ideals: Examining shame, guilt, and externalization in relation to gender role stress. *Journal of Counseling and Development*, 78, 430-438.
- Ludlow, L. H., & Mahalik, J. R. (2001). Congruence of a theoretical continuum of masculinity with the Rasch model: The Conformity to Masculine Norms Inventory. *Journal of Applied Measurement*, 2, 205-226.
- Nghe, L., & Mahalik, J. R. (2001). Examining racial identity statuses as predictors of psychological defenses in African-American college students. *Journal of Counseling Psychology*, 48, 10-16.

- Mahalik, J. R. (2000). Men's gender role conflict as predictors of self-ratings on the Interpersonal Circle. *Journal of Social and Clinical Psychology, 19*, 276-292.
- Mahalik, J. R., & Cournoyer, R. J. (2000). Identifying gender role conflict messages that distinguish mildly depressed from non-depressed men. *Psychology of Men and Masculinity, 1*, 109-115.
- Hayes, J. A., & Mahalik, J. R. (2000). Gender role conflict and psychopathology in a clinical population. *Psychology of Men and Masculinity, 1*, 116-125.
- Roy Sullivan, K., & Mahalik, J. R. (2000). Increasing career self-efficacy for women: Evaluating a group intervention. *Journal of Counseling and Development, 78*, 54-62.
- Mahalik, J. R. (1999). Incorporating a gender role strain perspective in assessing and treating men's cognitive distortions. *Professional Psychology: Research and Practice, 30*, 333-340.
- Mahalik, J. R. (1999). Interpersonal psychotherapy with men who experience gender role conflict. *Professional Psychology: Research and Practice, 30*, 5-13.
- Mahalik, J. R. (1999). Men's gender role socialization: Effect on presenting problems and experiences in psychotherapy. *Progress: Family Systems Research and Therapy, 8*, 13-18.
- Mahalik, J. R., Worthington, R., & Crump, S. (1999). Influence of racial/ethnic membership and "therapist culture" on therapists' worldview. *Journal of Multicultural Counseling and Development, 27*, 2-17.
- Wisch, A., & Mahalik, J. R. (1999). Male therapists' clinical bias: Influence of client gender roles and therapist gender role conflict. *Journal of Counseling Psychology, 46*, 51-60.
- Mahalik, J. R., Cournoyer, R. J., DeFranc, W., Cherry, M., & Napolitano, J. (1998). Men's gender role conflict in relation to their use of psychological defenses. *Journal of Counseling Psychology, 45*, 247-255.
- Simi, N., & Mahalik, J. R. (1997). Comparison of Feminist versus Psychoanalytic/Dynamic and other therapists on self-disclosure. *Psychology of Women Quarterly, 21*, 465-483.
- Mintz, R., & Mahalik, J. R. (1996). Gender role orientation and conflict as predictors of family roles for men. *Sex Roles, 34*, 805-821.
- Birk, J. M., & Mahalik, J. R. (1996). The influence of trainee conceptual level, trainee anxiety, and supervision evaluation on counselor developmental level. *The Clinical Supervisor, 14*, 123-137.

- Mahalik, J. R. (1996). Client vocational interests as predictors of client reactions to counselor intentions. *Journal of Counseling and Development, 74*, 416-421.
- Wisch, A. F., Mahalik, J. R., Hayes, J. A., & Nutt, L. (1995). The impact of gender role conflict and counseling technique on psychological help seeking in men. *Sex Roles, 33*, 77-89.
- Holtzen, D. W., Kenny, M. E., & Mahalik, J. R. (1995). Contributions of parental attachment to gay or lesbian disclosure to parents and dysfunctional cognitive processes. *Journal of Counseling Psychology, 42*, 350-355.
- Mahalik, J. R. (1995). Practitioners' value-orientation: Examination of core values and influence of theoretical orientation. *Counseling and Values, 39*, 228-239.
- Cournoyer, R. J., & Mahalik, J. R. (1995). Cross-sectional study of gender role conflict examining college-aged and middle-aged men. *Journal of Counseling Psychology, 42*, 11-19.
- Mahalik, J.R. (1994). Development of the Client Resistance Scale. *Journal of Counseling Psychology, 41*, 58-68.
- Mahalik, J. R., Hill, C. E., O'Grady, K. E., & Thompson, B. J. (1993). Rater characteristics influencing rating on the Checklist of Psychotherapy Transactions-Revised. *Psychotherapy Research, 3*, 47-56.
- Thompson, B. J., Hill, C. E., & Mahalik, J. R. (1991). A test of the complementarity hypotheses in the interpersonal theory of psychotherapy: Multiple case comparisons. *Psychotherapy, 28*, 572-579.
- Mahalik, J. R. (1990). Systematic eclectic models. *The Counseling Psychologist, 18*, 655-679.
- Hill, C. E., Mahalik, J. R., & Thompson, B. J. (1989). Therapist self-disclosure. *Psychotherapy, 26*, 290-295.
- Sharkin, B. S., Mahalik, J. R., & Claiborn, C. D. (1989). Application of the foot-in-the-door effect to counseling. *Journal of Counseling Psychology, 36*, 248-251.
- Mahalik, J. R., & Kivlighan, D. M., Jr. (1988). Self-help treatment for depression: Who succeeds? *Journal of Counseling Psychology, 35*, 237-242.

#### WHITE PAPERS

- Mahalik, J. R., Addis, M. E., Douglas, E. E., Hines, D. A., & Reigeluth, C. S. (2011). Men at risk The Physical, Mental and Social Health of Men in Massachusetts.

*Mosakowski Institute for Public Enterprise, paper 15.*  
<http://commons.clarku.edu/mosakowskiinstitute/15>

## BOOK CHAPTERS

- Mahalik, J. R., Good, G. E., & Englar-Carlson, M. (2010). Masculinity scripts, presenting concerns and help-seeking: Implications for practice and training. In *College men and masculinities: Theory, research, and implications for practice*, by Harper, Shaun R. (ed.); Harris, Frank, III (ed.) pp. 77-96, San Francisco, CA, US: Jossey-Bass.
- Mahalik, J. R. (2005). Cognitive therapy for men. In G. E. Good & G. R. Brooks' (Eds.) *The new handbook of psychotherapy and counseling with men: A comprehensive guide to settings, problems, and treatment approaches* (Rev. & abridged ed.) (pp. 217-233). San Francisco, CA, US: Jossey-Bass.
- Mahalik, J. R. (2005). Interpersonal psychotherapy for men. In G. E. Good & G. R. Brooks' (Eds.) *The new handbook of psychotherapy and counseling with men: A comprehensive guide to settings, problems, and treatment approaches* (Rev. & abridged ed.) (pp. 234-247). San Francisco, CA, US: Jossey-Bass.
- Mahalik, J. R. (2001). Cognitive-behavioral therapy for men. In G. Brooks & G. Good's (Eds.), *The new handbook of psychotherapy and counseling with men* (pp. 544-564). San Francisco: Jossey-Bass.
- Mahalik, J. R. (2001). Interpersonal therapy for men. In G. Brooks & G. Good's (Eds.), *The new handbook of psychotherapy and counseling with men* (pp. 565-581). San Francisco: Jossey-Bass.
- Mahalik, J. R. (2001). Understanding client resistance in therapy: Implications from research on the counseling process. In G. S. Tryon (Ed.), *Counseling based on process research: Applying what we know* (pp. 66-80). Boston: Allyn and Bacon.
- Mahalik, J. R., Van Ormer, E. A., & Simi, N. L. (1999). Ethical issues in using self-disclosure in Feminist therapy. In M.M. Brabeck's (Ed.) *Practicing feminist ethics in psychology* (pp. 189-201). Washington D.C.: American Psychological Association.
- Hill, C. E., Thompson, B. J., & Mahalik, J. R. (1989). Therapist interpretation. In C.E. Hill's *Therapist techniques and client outcomes: Eight cases of brief psychotherapy* (pp. 284-310). Newbury Park, CA: Sage.

## ENCYCLOPEDIA ENTRIES

Mahalik, J. R. (2007). Gender role strain. In M. Flood, J.K. Gardiner, B. Pease, and K. Pringle's (Eds.) *International encyclopedia of men and masculinities, 1 vol.*, London & New York: Routledge.

Mahalik, J. R. (2003). Gender role conformity. In M.S. Kimmel, A. Aronson's, & M. Kimmel's (Eds.). *Men and masculinities: A social, cultural, and historical encyclopedia* (pp. 350-351). Santa Barbara, CA: ABC-Clio Inc.

Mahalik, J. R. (2003). Gender role conflict. In M.S. Kimmel, A. Aronson's, & M. Kimmel's (Eds.). *Men and masculinities: A social, cultural, and historical encyclopedia* (pp. 348-350). Santa Barbara, CA: ABC-Clio Inc.

#### INVITED PRESENTATIONS

Mahalik, J. R. Best practices in working with boys and men. Invited presentation to the 16<sup>th</sup> Annual Massachusetts Preventing Suicide Conference, Framingham, MA, April, 2017.

Mahalik, J. R. Consequences of gender socialization for men, their families, and communities. Keynote speech to the 10<sup>th</sup> annual Battering Intervention and Prevention Program Conference, Austin, TX, April, 2013.

Mahalik, J. R. Understanding factors that enhance and interfere with men's health. Invited presentation to Connecticut College's Department of Psychology Lecture Series, New London, CT, September 2012.

Mahalik, J. R. The status of men's physical health: A cause for concern for the Commonwealth of Massachusetts. 2011 Massachusetts Family Impact Seminar at the Massachusetts State House. Boston, MA, March 30, 2011.

Mahalik, J. R. Men, masculinity, and the social context of health behaviors. Invited presentation to Harvard's School of Public Health. Boston, MA, April 2010.

Mahalik, J. R. Understanding and working clinically with men around masculinity issues. Invited speaker to Suffolk University's Counseling Center. Boston, MA, April 2010.

Mahalik, J. R. Men, masculinity, and health risk behaviors: What does the social context have to do with it? Invited presentation to Rhode Island College's Department of Psychology Speaker Series. Providence, RI. October 2008.

Mahalik, J. R. Men, masculinity, and the social context: Addressing men's mental and physical health. Keynote speaker for the First Annual Conference on Social Work with and for Men – Caring, Sharing, and Preparing to Serve. Tuscaloosa, AL, April, 2008.



- Mahalik, J. R. Masculinity, White privilege, and racism: Examining connections and implications for men's lives. Invited presentation to Institute for the Study and Promotion of Race and Culture, Chestnut Hill, MA, October, 2007.
- Mahalik, J. R. A gender is a nice thing to have. Fellows address to the Society of Counseling Psychology, New Orleans, August, 2006.
- Mahalik, J. R. Constructions of masculinity and social influence on men's health behaviors. Fellows address to the Society for the Psychological Study of Men and Masculinity, New Orleans, August, 2006.
- Mahalik, J. R. Helping boys and men make non-traditional career choices. Invited presentation for the Massachusetts Department of Education's Gender Equity Conference, April, 2006.
- Mahalik, J. R. Masculinity, gender roles and health. Invited presentation at Howard University's Gender, Behavioral Health and the Community Conference, April, 2006.
- Mahalik, J. R. Men's health behavior and well-being: Issues for men and masculinity. Invited presentation by the Task Force for Father Involvement at Catholic Charities, Salem Massachusetts, January, 2006.
- Mahalik, J. R. Dying to be a man: Why do men lead such unhealthy lives? Invited presentation by the Psychology Department of Salem State College, October 2005.
- Mahalik, J. R. Men's health behavior and well-being: Dying to be a man? Invited presentation by the Women's and Gender Studies, Sociology, Anthropology, and Psychology Departments of College of the Holy Cross, October 2005.
- Mahalik, J. R. Men's health, constructions of masculinity and the social context. Invited presentation by the University of Michigan's Institute for Research on Women and Gender Conference "Gender and the Meaning of Mental Health", Ann Arbor, Michigan, October, 2004.
- Mahalik, J. R. Male students on campus: Issues and possibilities. Invited presentation for the Office of Student Affairs Division Meeting, Boston College, Chestnut Hill, Massachusetts, April 2004.
- Mahalik, J. R. Men in therapy. Invited presentation for the "Understanding Boys and Men" Conference sponsored by the Department of Psychiatry at Cambridge Hospital, McLean Hospital and Harvard Medical School, Cambridge, Massachusetts, May 2003.
- Mahalik, J. R. Development of psychological measures: Examples from the CMNI and

- CFNI. Invited presentation to the Department of Psychology at Clark University, Worcester, Massachusetts, April 2003.
- Mahalik, J. R. Clinical issues in working with male clients. Invited presentation to University Counseling Services, College of the Holy Cross, Worcester, MA, 2000.
- Mahalik, J. R. Clinical issues in working with male clients. Invited presentation to University Counseling Services, Boston College, Chestnut Hill, MA, 2000.
- Mahalik, J.R. Teaching graduate students: Applying a developmental framework. Invited speaker to the Academic Development Center, Boston College, Chestnut Hill, Massachusetts, February 25, 1998.
- Mahalik, J.R. Gender role conflict issues in counseling and psychotherapy. Invited speaker for Counseling Psychology Alumni Conference, College Park, Maryland, 1996.

#### SYMPOSIUM AND RESEARCH PRESENTATIONS DURING PREVIOUS 10 YEARS

Mahalik, J. R., Loiseau, K., & Harris, M. P.

Loiseau, K., & Mahalik, J. R.

Harris, M. P., & Mahalik, J. R.

Mahalik, J. R. (Symposium Chair). Title. Symposium accepted for the 2020 American Psychological Association Convention, Washington, DC.

Mahalik, J.R., Di Bianca, M., & Martin, N.G. Evaluation of an online intervention to increase fathers' involvement and sense of purpose. Symposium accepted for the 2020 American Psychological Association Convention, Washington, DC, 2020.

Di Bianca, M., Martin, N., & Mahalik, J. R. A qualitative evaluation of peer mentoring groups for college men. Annual meeting of the American Psychological Association, Chicago, IL, 2019.

Mahalik, J. R., & Sienkiewicz, S. How to get your "man-card": Developing a taxonomy of masculine capital. Annual meeting of the American Psychological Association, Washington, D.C., 2017.

Mahalik, J. R. Symposium Chair - Symposium: More Deeply Understanding Masculine Capital—Examination of Research and Practice Annual meeting of the American Psychological Association, Washington, D.C., 2017.

- Coley, R. L., Carrano, J., Sims, J., Lynch, A. D., Lombardi, C., & Mahalik, J. R. (2013). Genetic and environmental risks for patterns of alcohol use from adolescence through early adulthood. European Society for Biomedical Research on Alcoholism 14th Congress. Warsaw, Poland.
- Carrano, J., Coley, R. L., & Mahalik, J. R. The influence of family-, peer-, and school-level social norms and gender on youth alcohol use. Paper presented at the Society for Research on Adolescence meetings, Vancouver, Canada, March, 2012.
- Coley, R. L., Lynch, A. D., Lombardi, C. M., Mahalik, J. R., & Sims, J. Adolescent Sexual Risk Behaviors: The Role of Family, Peer, and School Social Norms. PAA Annual Meeting, San Francisco, 2012.
- Mahalik, J. R., & Backus, F. R. Men's constructions of help-seeking for depression and sadness. Annual meeting of the American Psychological Association, Washington, D.C., 2011.
- Backus, F.R., & Mahalik, J.R. Men's constructions and explanations of violent behavior: A qualitative examination. Annual meeting of the American Psychological Association, Washington, D.C., 2011.

#### CAMPUS PRESENTATIONS

- Speaker for Lynch School's Wellness Week for Graduate Students at Boston College, March, 2023.
- Speaker for Women's and Gender Studies Program at Boston College, October, 2019.  
*Understanding masculinities: Looking at gender norms and you.*
- Speaker for Captain's Summit of Freshman League at Boston College. May, 2018.
- Speaker for Women's Resource Center's "Love Your Body" Week at Boston College.  
*Does size matter? Rigid expectations of masculinity.* November, 2015.
- Speaker in men's dorms for *Men's Experiences at Boston College*. December, 2010.
- Panelist for Women's Resource Center presentation of Body Image Issues. March, 2010.
- Panelist for "Love our Bodies" sponsored by the AHANA House. November, 2009.

#### GRANTS\*

Principal Investigator. Centering gender and gender roles in examining dyadic management behaviors and dyadic health in couples coping with cancer. Research Across Departments Grant, Boston College, Chestnut Hill, MA. April 15, 2022. Funded for \$35,000 for June 1, 2022 – May 31, 2023.

Co-Investigator. Health risk trajectories across adolescence: Understanding gender differences. Grant funded by the W. T. Grant Foundation for \$394,058 for July 2010 – June 2012.

Principal Investigator. Health beliefs, masculinity and social norms as predictors of men's health behaviors. R01 Grant submitted to the National Institute of Health's National Institute of Heart, Lung, & Blood Institute. Submitted September 27, 2005 (\$420,075 for 2 years – not funded).

Mahalik, J. R. Exploring masculinity and the social context as contributors to men's health behaviors, Research Incentive Grant, Boston College, Chestnut Hill, MA. Summer 2005. Funded for \$13,500.

Coley, R., Mahalik, J. R., Hauser-Cram, P., & Ludlow, L. H. Enhancing the teaching of research design across undergraduate, masters and doctoral programs in CDEP. Teaching and Mentoring Grant, Boston College, Chestnut Hill, MA. Submitted Fall 2004. Funded for \$10,500.

Mahalik, J. R. How career development interests predict psychological distress. Research Incentive Grant Award, Graduate School of Arts and Sciences, Boston College, Chestnut Hill, MA. Submitted 1995. Funded for \$5000.

Mahalik, J. R. Development of the Client Resistance Scale. Research Incentive Grant Award, Graduate School of Arts and Sciences, Boston College, Chestnut Hill, MA. Submitted 1991. Funded for \$5000.

\*Research Expense Grants not listed

## WORKSHOPS

Mahalik, J. R. Breaking through: Recommended best practices in working with men. Workshop at the 10<sup>th</sup> annual Battering Intervention and Prevention Program Conference, Austin, TX, April, 2013.

O'Neil, J.M., Kilmartin, C., & Mahalik, J.R. Teaching the psychology of men. Workshop presented at the annual meeting of the American Psychological Association, Washington, D.C., 2011.

O'Neil, J.M., Addis, M.E., & Mahalik, J.R. Teaching the psychology of men. Workshop presented at the annual meeting of the American Psychological Association, Boston, 2008.

O'Neil, J.M., Kilmartin, C., Addis, M.E., & Mahalik, J.R. Teaching the psychology of men. Workshop presented at the annual meeting of the American Psychological Association, New Orleans, 2006.

O'Neil, J.M., Kilmartin, C., Addis, M.E., Mahalik, J.R., & Rabinowitz, F. Teaching the psychology of men. Workshop presented at the annual meeting of the American Psychological Association, Washington D.C., 2005.

#### AWARDS COMMITTEES

Awards and Recognition Committee for the Society for Counseling Psychology (2004 - 2007)

Committee member of the Fretz Research Award recognizing excellence among University of Maryland Student Research – 2000

#### EDITORIALS AND NEWSLETTER CONTRIBUTIONS

Mahalik, J. R. (Winter, 2004). Teaching the psychology of men and masculinity. *SPSMM Bulletin, Volume 10 (1)*.

Mahalik, J.R. (Fall, 2001). Editorial: Making our contribution. *SPSMM Bulletin, Volume 6 (4)*.

Mahalik, J.R. (Summer, 2001). Editorial: Sharing fellowship. *SPSMM Bulletin, Volume 6 (3)*.

Mahalik, J.R. (Spring, 2001). Editorial: A view of the news. *SPSMM Bulletin, Volume 6 (2)*.

Mahalik, J.R. (Winter, 2001). Editorial: Listening for shame and challenging hidden power. *SPSMM Bulletin, Volume 6 (1)*.

Mahalik, J.R. (Fall, 2000). Editorial: Changing norms of violence. *SPSMM Bulletin Volume 5 (4)*.

Mahalik, J.R. (Summer, 2000). Editorial: The politics of being a father. *SPSMM Bulletin Volume 5 (3)*.

Mahalik, J.R. (Spring, 2000). Editorial: Thinking systemically. *SPSMM Bulletin Volume 5 (2)*.

Mahalik, J.R. (Winter, 2000). Editorial: We're all in this together. *SPSMM Bulletin Volume 5 (1)*.

- Mahalik, J.R. (Fall, 1999). Editorial: Learning about and connecting to each other. *SPSMM Bulletin Volume 4 (4)*.
- Mahalik, J.R. (Summer 1999). Editorial: If boys are not allowed to cry tears.... *SPSMM Bulletin Volume 4 (3)*.
- Mahalik, J.R. (Spring 1999). Editorial: The perils of being a non-traditional male: Tinky-Winky's story. *SPSMM Bulletin Volume 4 (2)*.
- Mahalik, J.R. (Winter 1999). Editorial: Invitation to division members. *SPSMM Bulletin Volume 4 (1)*

#### MEDIA INTERVIEWS

- 2021 *U.S. News and World Report*. Seven signs of depression in men. June 24, 2021. <https://wtop.com/news/2021/06/7-signs-of-depression-in-men/>
- 2021 *FiveThirtyEight*. Why is there such a gender gap in COVID-19 vaccination rates? June 22, 2021. <https://fivethirtyeight.com/features/why-is-there-such-a-gender-gap-in-covid-19-vaccination-rates/>
- 2020 *Radio New Zealand*. "Why some men refuse to wear masks." September 13, 2020. [rnz.co.nz/national/programmes/sunday/audio/2018763789/covid-19-why-some-men-refuse-to-wear-masks](https://www.rnz.co.nz/national/programmes/sunday/audio/2018763789/covid-19-why-some-men-refuse-to-wear-masks)
- 2020 *Fast Company*. "The real reason why some men are refusing to wear a mask." September 2, 2020. <https://www.fastcompany.com/90544483/the-real-reason-why-some-men-are-still-refusing-to-wear-a-mask>
- 2020 *The Swaddle*. "Men find wearing masks 'shameful, not cool and a sign of weakness': U.S. survey." May 15, 2020. <https://theswaddle.com/men-find-wearing-masks-shameful-not-cool-and-a-sign-of-weakness-u-s-survey/>
- 2020 *Parent & Family*. "What is your purpose as a father?" June 18, 2020. [https://greatergood.berkeley.edu/article/item/what\\_is\\_your\\_purpose\\_as\\_a\\_father](https://greatergood.berkeley.edu/article/item/what_is_your_purpose_as_a_father)
- 2020 *Fatherly*. "Dad bod is a distraction. Men get healthier when they become dads." January 23, 2020. <https://www.fatherly.com/health-science/what-is-a-dad-bod-healthier-men/>
- 2019 *Psychiatry Advisor*. "Sensible strategies to overcome barriers to depression treatment." June 19, 2019. <https://www.psychiatryadvisor.com/home/depression-advisor/sensible-strategies-to-overcome-barriers-to-depression-treatment/>

- 2018 *Harvard Business Review*. “Emergency responders and the dangers of ‘masculinity contests.’ March 23, 2018. <https://hbr.org/2018/03/emergency-responders-and-the-dangers-of-masculinity-contests>
- 2017 *U.S. News and World Report*. “No More Mr. Tough Guy.” December 5, 2017. <https://health.usnews.com/wellness/mind/slideshows/4-subtle-signs-of-depression-in-men>
- 2016 *Christian Science Monitor*. “Does acting macho make men miserable? November 22, 2016. <https://www.csmonitor.com/Science/2016/1122/Does-acting-macho-make-men-miserable>
- 2015 *Big Think*. “Want to be successful? Don’t act like a lady. November 10, 2015. <https://bigthink.com/ideafeed/want-to-be-successful-dont-act-like-a-lady>
- 2012 *CNN Living*. “Defining the New Male Ideal.” March 24, 2012. [http://www.cnn.com/2012/03/23/living/male-ideal-body-image/index.html?hpt=hp\\_c2](http://www.cnn.com/2012/03/23/living/male-ideal-body-image/index.html?hpt=hp_c2)
- 2011 *Boston Herald*. “Research points to masculinity norms as driver of men’s health issues. March 30, 2011. <https://www.bostonherald.com/2011/03/30/research-points-to-masculinity-norms-as-driver-of-mens-health-issues/>
- 2011 *WBUR’s Radio Boston*. “Masculinity can hurt men’s health.” April 6, 2011. <http://radioboston.wbur.org/2011/04/06/mens-health>
- 2010 *Interstitial Cystitis Association Update*. “IC: Hitting men where it hurts most”. Interviewed on men’s responses to doctors and IC treatment. October 21, 2010.
- 2010 *Family Circle*. “Speaking men’s language”. Interviewed on men’s health. June 2010.
- 2009 *Chicago Tribune*. “Masculinity and men’s health.” Interviewed on masculinity and men’s health. <https://www.chicagotribune.com/sns-health-men-masculinity-story.html>
- 2009 *Voice America* “Secret Lives of Men with Chris Blazina”. Interviewed on men’s health research. February 17, 2009.
- 2008 *Harvard Health Newsletter*, June Issue. Interviewed on masculinity and men’s health. Reprinted in the *Los Angeles Times* (September 14, 2009). <http://www.latimes.com/sns-health-men-masculinity,0,5630485.story>
- 2007 *Boston College Heights* “Conference tackles race, culture issues”. October 18, 2007. Interviewed on men of color and how experiences of racism interact with pressures to be masculine.

2005 *American Psychological Association Monitor*, June Issue. "Helping men to help themselves." Interviewed on men's mental health and help-seeking.  
<http://www.apa.org/monitor/jun05/helping.aspx>