Curriculum Vitae

Date Prepared: March 20, 2023

Name: Vanessa Prosper

Office Address: Boston College

Campion Hall, Room 305B 140 Commonwealth Avenue Chesnut Hill, MA 02467

Home Address: 111 Highland Avenue, Apt.2

Winthrop, MA 02152

Work Phone: 857-205-9515

Work Email: vprosper@bostonpublicschools.org

Place of Birth: Montréal, Québec, Canada

Education

1992-1995 BSc Biology McGill University

(concentration neurobiology)

1995-1997 BSc Psychology McGill University

Cum Laude

1998-2000 MA Counseling Psychology Boston College

2000-2006 PhD Counseling Psychology Boston College

(Brinton Lykes, PhD)

Postdoctoral Training

09/2005- Post-Doctoral Fellow School based mental health Boston Children's Hospital

08/2007

Faculty Academic Appointments

09/2007- Instructor Psychology Harvard Medical School

08/2015

Appointments at Hospitals/Affiliated Institutions

09/2007-	Assistant	Psychology	Boston Children's Hospital
08/2015			

Other Professional Positions

07/2021-		
Present	Associate Professor of the Practice.	Boston College (Counseling Psychology
		Department)
09/2012- 06/2021	Adjunct Professor	Massachusetts School of Professional Psychology
01/2012- 05/2021	Adjunct Professor	Lesley University
10/2009- present	Psychologist	Vanessa Prosper, PhD (Private Practice)
10/2008- 09/2009	Psychologist	Multicultural Counseling Services (Group Practice)
09/2006- 07/2021	Adjunct Professor	Boston College (Counseling Psychology Department)
03/2006- 01/2010	Psychologist	SPARK Center, Boston University Medical School
09/2004- 08/2005	Pre-Doctoral Intern	Center for Multicultural Training in Psychology, Boston University School of Medicine

Professional Societies

2021-	Ayiti Community Trust	Executive Board Member
present 2010-2016	Haitian Mental Health Network	Member, Steering Committee
2009-2011	Massachusetts Psychological Association	Member, Committee of Ethnic Minority Affairs
2007-2010	American Psychological Association	Member

Report of Funded and Unfunded Projects

Funding Information

Past

2011-2012 Train the Trainer Workshop for Break Free from Depression Curriculum

DPH/Adcare Educational Services 132-176

PI (\$18,999)

Provide training and consultation to high school adjustment counselors, guidance

counselors, clinicians, and teachers on how to implement and teach a depression awareness

program at their respective schools

2012-2013 Train the Trainer Workshop for Break Free from Depression Curriculum

DPH/AdCare Educational Services 126-223

PI (\$19,565)

Provide training and consultation to high school adjustment counselors, guidance

counselors, clinicians, and teachers on how to implement and teach a depression awareness

program at their respective schools

Report of Local Teaching and Training

Teaching of Students in Courses

2023-present Counseling Families Boston College, Counseling Psychology

1st year Master students. 2.5 hours per week for 14 weeks

in school counseling

2022-present Issues in Short-Term Counseling Boston College, Counseling Psychology

1st year & 2nd year Master students Department

in Counseling Psychology 2.5 hours per week for 14 weeks

Summer

2020 Ecology of Child Behavioral Health:

Prevention, Intervention, and Public Policy Summer

Doctoral Students

William James College,

6 hours per week for 6 weeks

2019-present Psychopathology

1st year Master students

in Counseling Psychology

Boston College, Counseling Psychology

Department

2.5 hours per week for 14 weeks

2019-present Mental Health Disparities

Doctoral Students

William James College

2 hours per week for 14 weeks

2019-present Assessment and Treatment

of Individuals of African and

Caribbean Heritage Doctoral Students William James College

6 hours per week for 5 weeks

2019-present Counseling and Personality Theories II

1st year Master Students in Counseling

Psychology

Boston College, Counseling Psychology

Department

2.5 hours per week for 14 weeks

Spring 2019 Introduction to Counseling

1st year Master Students

in Counseling Psychology

Lesley University, Counseling Psychology

Department

2 hours per week for 6 weeks

Fall 2018-

Spring 2019 Internship & Seminar I

Undergraduate Seniors in Psychology

Lesley University Faculty of Arts &

Science Department

2.25 hours per week for 14 weeks

2014-2017	Counseling and Personality Theories I 1 st year Master Students in Counseling Psychology Boston College Counseling Departs 2.5 hours per week for 14 weeks		
2015- present	Introduction to Play Therapy 1st year Master Students in Counseling Psychology		ge Counseling Department eek for 6 weeks
Fall 2013	Child Psychopathology 2 nd year Master Students in School Counseling	Department	ge Counseling Psychology week for 14 weeks
Summer 2013	Assessment Children and Youth Master students in Counseling Psychology	Department	rsity Counseling Psychology eek for 3 weeks
Spring 2013	Intersection of Race, Culture, Poverty, and Mental Health 3 rd year Doctoral Students in Clinical Psychology	William Jame 2 hours every	es College other week for 7 weeks
2012-2021	Child and Adolescent Psychopathology 1 st year Master Students in Counseling Psychology	Department	rsity Counseling Psychology week for 14 weeks
2006-2013	Issues in Lifespan Development 1 st year Master Students in Counseling Psychology	Department	ge Counseling Psychology week for 14 weeks
Dissertation Advising			
2020	Doctoral Project Colloquium Discussant for Beverly Ibeh Doctoral Project Title: "School Based Counse Program for Racially and Ethnically Diverse Youth with Trauma and Associated Risk Fact	eling	James College
2017	Dissertation committee member for Crystal G Dissertation Title: "Exploring Cultural Belief Systems and Copin Behavior in Haiti after the 2010 Earthquake- Phenomenological Study"	ng	Chicago School of Profession Psychology
2016	Doctoral Project committee member for Jessic Doctoral Project Title:	ca Pierre	William James College

	"Transgenerational Transmission of Trauma in Haitian Families"	
2016	Doctoral Project Colloquium Discussant for Samantha Zaid Doctoral Project Title: "Clinicians' Moral Orientation and Likelihood to Report Suspected Child Maltreatment: An Exploratory Study"	William James College
2013	Doctoral Project Colloquium Discussant for Alexis Schmiedigen Doctoral Project Title: "The Experience of Brazilian Women Entering Motherhood in the United States"	William James College

Supervision

Spring 2013 Clinical supervision of Center for Multiculural Training in Psychology pre-doctoral interns doing internship at SPARK Center in Boston, MA

Report of Regional, National and International Invited Teaching and Presentations

Invited Presentations and Courses

Regional

2024	Use of CBT to Support Students with Trauma History Professional Development Workshop, Friends of The Children Boston
2023	Understanding and Managing Middle School Students Behaviors at School Professional Development Workshop, William H. Gavin Middle School, Canton, MA
2023	Black History Month: Stronger Together-Celebrating Black Culture Webinar (Panelist) Medavie Health Services, Quebec & Ontario, Canada
2022	Mental Health First Aid Tool Kit Professional Development Workshop, BC High School, Boston, MA
2022	Liberatory Education and the Whole Child: Healing Racial Trauma and Promoting Wellness, Educational, Equity, and Healthy Identity Development 3 rd Annual DYS Education and Racial Trauma Conference, Boston, MA

2021	Healing Principles to Best Navigate Racial Trauma Black History Month Presentation for Black Professionals at Bell Network, Bell Canada Quebec & Ontario, Canada
2021	Anti-Racist Approaches in Clinical Work with Students Professional Development Workshop, Watertown High School, Watertown, MA
2020	Racial Trauma MCLE: 21 st Annual Juvenile Delinquency & Child Welfare Law Conference 2020, Boston, MA
2020	Self-Care Strategies for Navigating the Pandemic Professional Development Workshop Campus Child Care, Boston, MA
2020	Engaging in Active Listening and Uncomfortable Conversations Anti-Racism Faculty Development Series, UMASS Amherst Neuroscience & Behavior Department, Amherst, MA
2020	Trauma and its Impact on Students Professional Development Workshop, Boston Latin School, Boston, MA
2020	Turning the mirror: Identifying, recognizing and dismantling racism at Boston Arts Academy Panelist on panel discussion, Boston Arts Academy, Boston, MA
2020	Helping young children cope with Covid-19 Instagram live talk with Dr. Maryam Jernigan
2020	How to help your child cope through Covid-19 Boston Latin School Parent Workshop, Boston, MA
2019	Supporting your Success through Wellness Beaver Works Summer Institute Middle School Orientation MIT, Boston, MA
2018	Adolescent Mental Health Disorders and Coping Skills Beautiful Me Girls Conference, Boston, MA
2018	Gun Violence in Schools: Sharing Critical Insights and Resources Panelist on panel discussion, Boston College, Chesnut Hill, MA
2018	Communication 101: Getting your Adolescent to Open up Boston Latin School Parent Workshop, Boston, MA
2017	Childhood Trauma & The Classroom Dover Sherborn School District Professional Development Day, Sherborn, MA

2017	Teens in Residence: Strategies for Supporting the Socio-Emotional Health of Adolescent Summer Scholars Beaver Works Summer Institute Counselor orientation MIT, Cambridge, MA
2016	The Many Shapes and Forms of Student Support in High School Making Caring Common Conference, Harvard School of Education, Cambridge, MA
2015	Lekol ak Lakay: How U.S. Schools and Haitian Families Can Work Together to Transform the Educational Lives and Social-Emotional Health of Haitian Students 4 th Annual Conference on Haitian Mental Health, Massachusetts School of Professional Psychology, Newton, MA
2013	Haiti and Trauma/Guest Lecture for a Course Entitled <i>Violence and Trauma</i> Boston University, Boston, MA
2013	Haitian Immigrant Children and Adolescents/Guest Lecture for a Course Entitled <i>Immigrant Health</i> Boston University, Boston, MA
2013	Haitian Immigrants in the US: How Cultural Belief Systems, Values, and Practices Influence Help-Seeking Behavior Diversity Challenge Conference, Boston College, Chesnut Hill, MA
2013	Break Free from Depression Curriculum/Train the Trainer Workshop Waltham, MA
2013	Responding to the Boston Marathon Tragedy: A conversation on Community Healing
	Massachusetts School of Professional Psychology, Newton, MA
2013	Break Free from Depression Curriculum/Train the Trainer Workshop Springfield, MA
2013	Break Free from Depression Curriculum/ Train the Trainer Workshop Sponsored by Department of Public Health, Worcester, MA
2013	Break Free from Depression Curriculum/ Train the Trainer Workshop Sponsored by Department of Public Health, Boston, MA
2013	Poverty and Mental Health in Haitian and Haitian American Youth/Presentation 12 th Annual Haitian Health Conference, Boston University, Boston, MA
2013	Ethnic, Cultural, and Linguistic Considerations in the Community/Professional Development Workshop

Priority Professional Care, Inc., Boston, MA

2012	Break Free from Depression Curriculum/Train the Trainer Workshop Sponsored by Department of Public Health, Massachusetts School of Professional Psychology, Newton, MA
2012	Break Free from Depression Curriculum/Train the Trainer Workshop Sponsored by Department of Public Health, Hingham, MA
2012	Adolescent Depression/Professional Development Workshop Medfield High School, Medfield, MA
2012	Behavioral Management of Children and Adolescents Diagnosed with Autism Spectrum Disorders/ Professional Development Workshop Priority Professional Care, Inc., Mattapan, MA
2012	Social Skills /Professional Development Workshop Priority Professional Care, Inc., Mattapan, MA
2012	Maintaining Proper Boundaries with Clients/Professional Development Workshop Priority Professional Care, Inc., Mattapan, MA
2012	Stress Management and Self-Care/ Professional Development Workshop for Teachers Boston Arts Academy, Boston, MA
2012	Health Issues in The Haitian Community/Guest Lecture for Course Entitled <i>Immigrant Health</i> Boston University, Boston, MA
2011	Haitian Mental Health and Community Interventions/Presentation Lesley University Trauma Conference, Lesley University, Cambridge, MA
2011	Child And Adolescent Depression: What Do We Know, What Does It Look Like, And What Can We Do?/Professional Development Workshop for Teachers Boston Latin School, Boston, MA
2011	Stress Management and Self-Care/Parent Workshop St-Patrick School, Roxbury, MA
2011	Child And Adolescent Depression: What Do We Know, What Does It Look Like, And What Can We Do?/ Professional Development Workshop For School Nurses Waltham, MA
2010	School Performance Vs. Racial And Ethnic Identity Issues In Youth/ Professional

Development Workshop For Staff English High School, Jamaica Plain, MA

2010	Adult Depression: What Do We Know, What Does It Look Like, And What Can We Do?/ Grand Rounds Presentation for Physicians Shattuck Hospital, Jamaica Plain, MA
2010	Child and Adolescent Depression: What Do We Know, What Does It Look Like, And What Can We Do? Professional Development Workshop For School Nurses Cape Cod, MA
2010	School Performance Vs. Racial and Ethnic Identity Issues In Youth/ Professional Development Workshop Presentation for Student Support Coordinators Brookside Community Health Center, Roxbury, MA
2009	Adolescent Depression: What Do We Know, What Does It Look Like, and What Can We Do?/ Professional Development Workshop Presentation For Teachers English High School, Jamaica Plain, MA
2009	Haitian Mental Health/Presentation Committee of Ethnic Minority Affairs of Massachusetts Psychological Association Conference, Massachusetts School of Professional Psychology West Roxbury, MA
2008	Understanding and Dealing with Children with Anger Management Issues/ Professional Development Workshop for Teachers St-Patrick School, Roxbury, MA
2007	Assessing and Working with Clients Of African Descent/ Guest Lecturer For An Undergraduate Psychology Course Boston University School of Medicine, Boston, MA
2006	Challenges and Benefits of Engaging Parents/ Professional Development Workshop For Teachers St-Patrick School, Roxbury, MA
2006	Navigating Different Worlds: Racial and Ethnic Identity Of American Born Young Adult Women With Haitian Immigrant Parents/Presentation Mass Bay Community College Presidential Inauguration Week Framingham, MA
2005	Feeling the Blues: Depression Among Haitians/Workshop 2 nd National Haitian American Health Alliance Conference, Randolph, MA

National

2018	Fostering Positive Mental Health Outcomes for Immigrant Youth in Schools and in the Community American Psychological Association Convention CE Workshop, San Francisco, CA
2012	Break Free from Depression Curriculum/Presentation 17 th Annual School Mental Health Conference, Salt Lake City, Utah
2007	Between Worlds: Immigrant Women of Color in The United States/Presentation American Psychological Association Convention, San Francisco, CA
2001	Facilitating Multicultural Training of Counseling Psychology Graduate Students: Experiential Learning in A Diverse Setting/Presentation 19 th Annual Teachers College Winter Roundtable on Cross Cultural Psychology and Education, New York, NY

International

2009	Navigating Different Worlds: Racial and Ethnic Identity Issues of American Born Young Adult Women with Haitian Immigrant Parents/Workshop Caribbean Studies Association Conference, Kingston, Jamaica
2007	Racial and Ethnic Identity Issues of Haitian American Young Adult Women/Workshop Caribbean Studies Association Conference, Salvador Da Bahia, Brazil
2004	Does Family Heal? Social Support Networks of Haitians/Workshop Haitian Studies Association Conference, San Juan, Puerto Rico

Report of Clinical Activities and Innovations

Current Licensure and Certification

2007-present Massachusetts Psychologist Provider License

Practice Activities

2015- present	Clinical Coordinator /School based clinical work (individual therapy, crisis intervention, consultation, case management, coordinating a transition program for students who have accrued long absences, coordinating a program geared toward students whose emotional impairment is severely impacting their academic functioning, clinical assessment; overseeing mental	Boston Latin School	5 days/week
2011- 2015	health programming and managing team of school-based clinicians) School based clinical work with diverse high school students (clinical assessment, short term therapy, classroom prevention, consultation, crisis intervention, case management)	Boston Latin School	2 days/week
2009-	Individual and family therapy with children, adolescents, and young adults	Vanessa Prosper, PhD (Private practice)	6 -8 sessions/week
2008- 2009	Individual and family therapy with children, adolescents, and young adults	Multicultural Counseling Services (Group Practice)	6 sessions/week
2006- 2010	Individual and family therapy with children and adolescents	SPARK Center	2 sessions/week
2005- 2011	School based clinical work with middle school students (group therapy, individual therapy, classroom prevention, consultation, crisis	St. Patrick School	2 days/week

intervention, case management)

2005- 2007	School based clinical work (group therapy, individual therapy, classroom prevention, consultation, crisis intervention, case management)	Patrick Lyndon School	2 days/week
2004- 2005	Psychological testing, individual therapy, group therapy, and clinical assessment of inpatient adults	Shattuck Hospital, Inpatient Unit	2 days/week
2004- 2005	Individual therapy, group therapy, case management, and crisis intervention of children and adolescents	SPARK Center	2 days/week
2002- 2004	Individual therapy and family therapy with children, adolescents, and young adults	Cambridge Health Alliance Haitian Mental Health Clinic	2 days/week
2001- 2004	Group therapy focused on social skills and social pragmatics, case management, and behavioral management of children and adolescents diagnosed with autism spectrum disorder	McLean Hospital: Camp New Connections	5 days/week for 6 weeks
2001- 2002	Individual therapy, career counseling, and crisis intervention of college students	Boston University Counseling Center	2 days/week
1999- 2000	Individual therapy, psychological testing, and case management of children and adolescents	Institute for Child and Adolescent Development	2 days/week

Clinical Innovations

Co-creation and development of Break Free from Depression documentary and accompanying manual at Boston Children's Hospital

Thus far, this adolescent depression awareness curriculum has been implemented in over 100 schools in the Boston and greater Boston community with over 10,000 students who have participated in the program. This curriculum has proven to be effective (pre- and post-tests were filled out by students) in its ability to increase students' knowledge about depression and suicide, increase students' confidence in their ability to readily identify signs and symptoms of depression in themselves or in their peers, increase students' skills in terms of knowing what to do if they need help for themselves or if they need to help a friend, and achieve high program satisfaction.

Report of Education of Patients and Service to the Community

Activities

2024	Boston Latin School Parent Workshop: Student Mental Health
2023	Boston Latin School Tier 1 Prevention Curriculum to 7 th graders: Self-Awareness Lesson
2023	Boston Latin School Professional Development for Teachers: Understanding Student Mental Health Challenges in the Classroom
2020	Boston Latin School Parent Workshop: How to support your adolescent emotionally and academically in this pandemic
2015	Boston Latin School Teacher workshop on Adolescent Depression
2013	Brookline High School Parent Workshop on Adolescent Depression
2013	Health Careers Academy Break Free from Depression Curriculum, 10 th Graders
2012	Match High School Parent Workshop on Adolescent Depression

2012	Wellesley St-Paul's Church Parent Workshop on Adolescent Depression
2012-2013	Match High School Break Free From Depression Curriculum, 10 th & 11 th Graders
2012	English High School Break Free From Depression Curriculum, 10 th &11 th Graders
2012	Boston Arts Academy Break Free From Depression Curriculum, 10 th Graders
2011	Boston Arts Academy Parent Workshop on Adolescent Depression
2011	Uphams Corner Community Health Center Provided Psychological First Aid Workshop to Recent Haitian Immigrants Who Survived The 2010 Haiti Earthquake
2010	St-Angela's Church, Mattapan Provided Psychological First Aid Workshop to Recent Haitian Immigrants Who Survived The 2010 Haiti Earthquake
2010	Haitian Mental Health Network, Port-Au-Prince, Haiti Provided Psychological First Aid Workshops to Young Adults And Professionals Earthquake Survivors In Port-Au-Prince, Haiti
2008	O'Bryant High School Provided Psychoeducation About Adolescent Depression and Anxiety, 9 th Grade Science Class

Report of Scholarship

Publications

Peer reviewed publications in print or other media

1. Nicolas, G., Desilva, A.M., Subrebost, K.L., Breland-Noble, A., Gonzalez-Eastep, D., Manning, N., Prosper, V., & Prater, K. (2007). Expression and treatment of depression among Haitian immigrant women in the United States: clinical observations. *American Journal of Psychotherapy*, 61 (1), 83-98.

2. Kaye, A., Prosper, V., Moffa, K., Pejic, V., Capraro, K., Sideridis, G.D., Ross, A., Dennery, K.M., & DeMaso, D.R. (2023). Break Free from Depression: Implementation and Outcomes of a School-Based Depression Awareness Program. *International Journal of Mental Health Promotion*, 25 (10), 1103-1115.

Non-peer reviewed scientific or medical publications/materials in print or other media

1. Reilly, N., Prosper, V., & Feigenberg, L. (2011). *Break free from depression: a 4-Module depression prevention curriculum for students in grades 9-12*. Boston Children's Hospital.

Professional educational materials or reports, in print or other media

1. Reilly, N., Prosper, V., & Miremadi, D. (2008). *The key: a guide to addressing adolescent depression & suicide (college version)*. Boston Children's Hospital

Thesis

Prosper, V. (2006). Navigating different worlds: ethnic and racial identity of American born young adult women with Haitian immigrant parents. Boston College, Chesnut Hill, MA.

Narrative Report

Throughout my years as a doctoral student, a pre-doctoral intern, a post-doctoral fellow, and a psychologist, I have been able to greatly sharpen my clinical, teaching, and research skills. Consequently, I have been able to blossom into a versatile psychologist capable of not only providing culturally competent and sensitive care to a diversity of children, adolescents, young adults, and families, but also capable of shaping and molding graduate students in the field into culturally competent, insightful, and clinically savvy mental health clinicians through a plethora of accumulated teaching and mentoring experience as an adjunct faculty at Boston College, Lesley College, and William James College over the years.

Moreover, I have been able to partake in different research projects focusing on Haitian mental health throughout the years and contributed to one peer reviewed journal article regarding depression in Haitian women. It is also important to note that for the past 15 years, through my work for the Childrens Hospital Neighborhood Partnership Program and my work at Boston Latin School, I have been able to specialize in school based clinical work where I am constantly challenged, as I have to simultaneously juggle different clinical responsibilities such as consulting with teachers, administrators, and guidance counselors regarding students, conducting clinical assessments of students that are of concern, conducting short term therapy of students who are struggling emotionally, working collaboratively with students' family and outside providers for the management of their clinical care, and providing some crisis intervention when needed. Needless to say, that I have become very skilled at consulting and navigating the different systems impacting children and adolescents in order to coordinate their best clinical care.

I have also been able to demonstrate innovation and creativity by greatly participating in the creation, development, implementation, and evaluation of a school based depression awareness curriculum (Break Free from Depression) centered around a documentary featuring real adolescents discussing their struggle and coping strategies with depression, which I have also helped develop. It has been immensely rewarding to have been able to not only co-create and develop this curriculum but to have also been able to implement and teach this curriculum, which has allowed me to witness how it has impacted students and teachers in different schools through raising their awareness and knowledge about depression and through diminishing their stigmatized way of perceiving mental illness. It is also quite fulfilling to have been able to participate in the evaluation of this curriculum, which thus far indicates that students, staff, and parents have been able to enhance their awareness, knowledge, and confidence in their ability to identify signs and symptoms of adolescent depression.

As I reflect on my professional development journey as a psychologist, I have come to realize that I have always been committed and devoted to raising awareness and knowledge in the community, which is also reflected in my past involvement with the Haitian Mental Health Network through which I work with a team of Haitian mental health clinicians in the Boston community to raise awareness and knowledge about Haitian mental health in the Haitian and non-Haitian communities in order to enhance culturally competent clinical care of Haitian immigrants living in Boston. I firmly believe that the vast range of experiences that I have accrued over the years in the field of research, teaching, and clinical practice have further rendered me an insightful, culturally competent, and clinically knowledgeable teacher, researcher, and clinician.