

# M.A. / Mental Health Counseling / 48 Credits

To be submitted during the second term of enrollment in the program, prior to the opening of registration for the third term of enrollment

Name Anticipated Completion Date SEMESTER/YEAR

BC ID Comprehensive Exam Date SEMESTER/YEAR

Course Number and Title	Credits	Fall	Spring	Summer	T/W <sup>1</sup>
<b>Required Courses</b>					
APSY7440 Foundations of Counseling I <sup>2</sup>	3				
APSY7444 Theories of Personality and Counseling I	3				
APSY7518 Issues in Life-Span Development	3				
APSY7528 Multicultural Issues	3				
APSY7543 Psychopathology	3				
APSY7748 Foundations of Counseling II	3				
APSY7445 Theories of Personality and Counseling II	3				
<i>Research and Statistics Course (choose one of the following):</i>					
APSY6422 Introductory Statistics	3				
APSY6423 Intermediate Statistics					
APSY7460 Interpretation & Evaluation of Research: Topics in Mental Health Counseling <sup>3</sup>					
APSY7605 Ethical and Legal Issues	3				
<b>Electives (15 credits, 5 courses)<sup>4,5</sup></b> <i>Please indicate if you are completing one of the concentrations below; students pursuing a concentration must complete the second page:</i>					
Child & Family Mental Health and Wellness	Positive Youth Development	Trauma Stress Studies & Intervention Responses			
<i>Students need to complete 6 credits of internship credit from the following:</i>					
APSY7660 Practice and Supervision Seminar I (2-3)	6				
APSY7661 Practice and Supervision Seminar II (2-3)					
APSY7650 Practice and Supervision Summer Seminar (1-2)					
APSY8100.01 Master's Comprehensive Examination <sup>6</sup>	0				
<b>Total Credits</b>	<b>48</b>				

1. Insert a T (transfer) or W (waiver) as appropriate. If seeking a transfer or waiver, the relevant paperwork must be submitted separately under the guidance of your faculty advisor.
2. This course is required in the first semester of enrollment for full-time students.
3. Mental Health Counseling students must enroll in the Mental Health Counseling section of APSY7460; other sections are not accepted for the degree.
4. Students in the **Urban Scholars Program** are required to complete APSY7501 Urban Life & Mental Health Counseling as one of their electives during their first year.
5. Students in the **Dual Degree MHC/CSTM Program** must complete two of their electives (6 credits) from the approved CSTM courses.
6. Students will be considered full-time during the semester they are registered for APSY8100. The exam is only offered during the spring semester.

Are you part of the MHC Urban Scholars Program<sup>4</sup>? Yes No

STUDENT SIGNATURE

DATE

FACULTY ADVISOR

SIGNATURE

DATE

ASSOCIATE DEAN, GRADUATE STUDENT SERVICES

SIGNATURE

DATE

COMMENTS:

**M.A. / Mental Health Counseling / 48 Credits - Concentrations**

Please complete this page if you are completing a concentration as a part of your graduate degree.

Name

BC ID

**Child & Family Mental Health and Wellness Concentration - Program Director: Dr. Penny Haney**

Course Number and Title	Credits	Summer	Fall	Spring	Notes
<b>Required Courses</b>					
APSY7446 Child Psychopathology	3				
APSY7743 Counseling Families	3				
<b>Development Course (Choose 1 from the following 2 courses:)</b>					
APSY7418 Applied Child Development	3				
APSY7419 Applied Adolescent Development					
<b>Elective Course (Please see the last page for a list of approved electives)</b>					
	3				
<b>Total Credits Required for Completion</b>	<b>12</b>				

**Positive Youth Development Concentration - Program Director: Dr. Jacqueline Lerner**

Course Number and Title	Credits	Summer	Fall	Spring	Notes
<b>Required Courses</b>					
APSY6420 Positive Youth Development	3				
APSY7419 Applied Adolescent Development <sup>1</sup>	3				
APSY8620 Child and Family Social Policy <sup>2</sup>	3				
<b>Elective Course (Please see the last page for a list of approved electives)</b>					
	3				
<b>Total Credits Required for Completion</b>	<b>12</b>				

<sup>1</sup> If you took APSY2041 as a Boston College undergraduate, you may substitute this requirement with another elective.

<sup>2</sup> APSY6397 Social Issues and Social Policy can be a substitute in semesters when APSY8620 is not offered.

**Trauma Stress Studies & Intervention Responses Concentration - Program Director: Dr. Penny Haney**

Course Number and Title	Credits	Summer	Fall	Spring	Notes
<b>Required Courses</b>					
APSY7548 Psychology of Trauma in Childhood	3				
APSY7549 Psychology of Trauma in Adulthood	3				
APSY 7550 Disaster Mental Health	3				
APSY 6461 Psychological Responses to Humanitarian Crises	3				
<b>Total Credits Required for Completion</b>	<b>12</b>				

**Signatures/Approval**

Have you met with the Concentration Program Director?

YES

NO

STUDENT SIGNATURE

DATE

CONCENTRATION PROGRAM DIRECTOR

SIGNATURE

DATE

ASSOCIATE DEAN, GRADUATE STUDENT SERVICES

SIGNATURE

DATE

**INFORMED CONSENT FOR MENTAL HEALTH COUNSELING  
STUDENTS WHO ARE COMPLETING THE 48-CREDIT PROGRAM**

This Informed Consent document is to ensure that you understand the licensure implications of completing the 48-credit degree program in Mental Health Counseling in the Lynch School. In the State of Massachusetts, completing a 48-credit master's degree does **NOT** make you eligible for becoming licensed as a Mental Health Counselor. The same is true in other states that require applicants to have a 60-credit degree in Mental Health Counseling to be eligible for licensure. In Massachusetts and other states that require the 60-credit degree for licensure, students are not allowed to take an additional 12 academic credits in mental health counseling coursework after graduating from a 48-credit program as a way of meeting the 60-credit degree program requirement. Thus, the decision you make to complete a 48-credit degree program in Mental Health Counseling will have implications in the future for your eligibility to become licensed as a Mental Health Counselor.

There are multiple reasons why students in the Lynch School Mental Health Counseling Program make the decision to complete the 48-credit program, instead of the 60-credit program:

1. Students want to complete the minimum number of credits to earn the degree so that they can reduce the cost of the total degree program.
2. Students will be applying to doctoral programs once they graduate with the master's degree, and understand that they will not need the additional 12 credits since their plan is to become licensed as a Psychologist after completing a doctoral program.
3. Students do not anticipate working professionally as a Mental Health Counselor in the future, and don't feel that they will need the license to work in positions that they intend to pursue once they have completed the master's degree.

These reasons for selecting the 48-credit Mental Health Counseling degree program are all valid, and if a student is able to enter a doctoral program or to find a position in a related discipline that they enjoy and feel meets their career needs, then completing the 48-credit degree program can be a good decision for them to have made.

The decision to complete a 48-credit degree in Mental Health Counseling, as opposed to the 60-credit degree, is an individual choice. The purpose of this statement is to provide you with information about the implications that this decision may have on your future eligibility for licensure as a mental health counselor. Your signature below indicates that you understand the implications that earning the 48-credit degree will have on your eligibility to become a Licensed Mental Health Counselor following your graduation from the program.

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(Name)

(Date)

**M.A. / Mental Health Counseling / 48 Credits**

Anticipated Course Rotation\*

<b>Courses from CDEP Department</b>	<b>Semester Offered</b>
APSY6420 Positive Youth Development <sup>CFM</sup>	Fall
APSY7221 Neurological and Biological Bases of Behavior	Spring / Even Summers
APSY7418 Applied Child Development	Summer / Fall
APSY7419 Applied Adolescent Development	Summer / Fall
APSY7440 Foundations of Counseling I	Fall
APSY7441 Counseling Men	Spring
APSY7444 Theories of Personality and Counseling I	Fall
APSY7445 Theories of Personality and Counseling II	Spring
APSY7446 Child Psychopathology	Fall / Summer
APSY7448 Career Development <sup>PYD</sup>	Fall / Spring / Summer
APSY 6460 Interpretation and Evaluation of Research (Cross-listed under MESA6460)	Spring / Summer
APSY7461 Human Right Interdisciplinary Seminar	Spring
APSY7465 Psychological Testing	Fall / Spring
APSY7471 Psychological Responses to Humanitarian Crises <sup>CFM</sup>	Summer
APSY7511 Alternative Strategies, Children Affected by Organized Violence <sup>CFM</sup>	Offered Periodically
APSY7518 Issues in Life-Span Development <sup>PYD</sup>	Fall
APSY7528 Multicultural Issues <sup>PYD</sup>	Fall
APSY7529 Counseling for Addictions	Spring / Summer
APSY7543 Psychopathology	Fall
APSY7548 Psychology of Trauma in Childhood: Theory, Intervention, and Cultural and Social Justice Perspectives <sup>CFM</sup>	Fall
APSY7549 Psychology of Trauma in Adulthood: Theory, Intervention, and Cultural and Social Justice Perspectives <sup>CFM</sup>	Summer
APSY7605 Ethical and Legal Issues	Summer
APSY7617 Learning and Cognition	Offered Periodically
APSY7633 Impact of Psychosocial Issues <sup>CFM</sup>	Spring
APSY7638 Principles of Short-Term Counseling	Spring / Summer
APSY7640 Seminar in Group Counseling and Group Theory	Spring
APSY7642 Intro to Play Therapy <sup>CFM</sup>	Summer
APSY7665 Developmental Disabilities: Evaluation, Assessment, Families & Systems <sup>CFM</sup>	Offered Periodically
APSY7666 Developmental Disabilities: Value, Policy & Change <sup>CFM</sup>	Offered Periodically
APSY7740 Topics in the Psychology of Women	Offered Periodically
APSY7743 Counseling Families	Spring / Summer
APSY7748 Foundations of Counseling II	Spring
APSY8100 Masters Comprehensive Exam	Spring
APSY8115 Cultural Processes, Social & Emotional Development	Offered Periodically
APSY8269 Educational and Social Issues and Social Policy	Offered Periodically
APSY7404 College Student Development <sup>CFM, PYD</sup> (Cross-listed under ELHE7404)	Spring
APSY7550 Disaster Mental Health Counseling	Spring
APSY7312 Short Term Therapies & Integrated Behavioral Healthcare	Spring
APSY7313 IBH Practitioner Skills & Multidisciplinary Teamwork	Fall
APSY7314 Health Inequity	Spring 2025

<b>Courses from Other Departments</b>	<b>Semester Offered</b>
ADSA8008 Sport Psychology <sup>PYD</sup>	Spring / Summer
EDUC6307 Teachers & Education Reform <sup>PYD</sup>	Offered Periodically
EDUC7621 Bilingualism, Second Language & Literacy Development <sup>CFM</sup>	Fall
ELHE 7606 Diversity in Higher Education <sup>PYD</sup>	Spring
ELHE 7727 Family and Community Engagement <sup>PYD</sup>	Fall / Spring / Summer
MESA6468 Introductory Statistics	Fall / Spring / Summer
MESA6469 Intermediate Statistics	Fall / Spring

<sup>CFM</sup> Indicates an approved elective course for the Concentration in Child & Family Mental Health & Wellness.<sup>PYD</sup> Indicates an approved elective course for the Concentration in Positive Youth Development.

\*This information is based on when courses are typically offered. Offerings are subject to change, please check Eagle Apps for the most up to date information.