

CLINICAL AESTHETICS: BIOSTIMULATORS



LEX[®]
RX

This is an introductory course for injection of biostimulators, namely Sculptra® (Poly-L-lactic Acid or PLLA). The course provides a comprehensive review of anatomy and physiology, indications and contraindications for treatment, as well as guidelines for safe, evidence-based practice. The Online, Pre-Recorded component of the course features ultra-HD injection demonstration videos by LexRx Nurse Practitioners. Learners will have access to recommended resources for all things compliance, legal, and logistics, including connections to Boston-area medical directors. The hands-on training, mentored by experienced Nurse Practitioners, will take place at Boston College's Chestnut Hill campus.

This course includes:

- A review of all FDA approved brands, i.e. Sculptra®
- Comprehensive review of anatomy and physiology, indications and contraindications for treatment, as well as guidelines for safe, evidence-based practice
- Discussion and demonstration of safe dosing and injection techniques for treatment of the mid-lower face

Who is eligible to participate?:

- APRNs
- RNs
- BSN students who have clinical experience
- PAs
- MDs
- DOs
- DDSs
- DMDs

At the conclusion of this program, participants will be able to:

- Identify essential characteristics of biostimulators / poly-l-lactic acid. Identify essential facial anatomical layers / structures as they relate to the treatment
- Describe the safe steps for using biostimulators / poly-l-lactic acid, including ordering, reconstitution, storage, dosing, and contraindications
- Demonstrate the process for selecting clients and using photo documentation
- Describe the safe steps for prepping for injections, including consent prepping the skin, mapping, and injection approach
- Describe post-treatment client instructions, adverse reactions and complications, need for follow-up appointments
- Identify essential logistics for safe practice, including scope of practice, malpractice insurance, medical directorship, and documentation (EMRs)
- Demonstrate a safe, quality facial cosmetic injection process

To receive a Certificate of Completion you must complete one online lecture session as well as the hands-on training day and demonstrate understanding of the content as well as safe injection techniques.