



HEIGHTS
EXPRESS

MENU





SOUPS & SIDES

SOUPS

New England Clam Chowder *Serves 10*

\$53.00 ea.

SIDES *Serves 10*

Whole Grain Mustard Red Potato Salad

\$38.00 ea.

Cavatappi Pasta Salad with Salsa di Parmigiano

\$38.00 ea.

Greek Quinoa Salad Cucumber, Grape Tomato, Olives, Parsley, Feta Cheese, Red Onion

\$39.00 ea.

Mixed Green Salad Leafy Greens, Tomato, Red Onion, Cucumber, Olives, Shredded Carrot, Balsamic Vinaigrette

\$39.00 ea.

A LA CARTE SNACKS & SWEETS

SNACKS & SWEETS

Kettle Potato Chips

\$1.90 ea.

Pretzels

\$1.90 ea.

Fresh Fruit Salad

\$4.50 per person

Whole Fruit (Banana, Apple, or Orange)

\$1.65 ea.

Brownie Squares

\$1.80 ea.

Jumbo Cookie of the Day

\$2.85 ea.

Dozen Assorted Cookies

\$16.00 per dozen

BEVERAGES

Orange Juice

\$2.85

Apple Juice

\$2.85

Bottled Water

\$2.10

Skim Milk

\$1.35

2% Milk

\$1.35

Coke

\$2.40

Diet Coke

\$2.40

Sprite

\$2.40

Ginger Ale

\$2.40

Sparkling Water

\$2.40

COFFEE SERVICE (SERVES 10)

Regular Coffee

\$23.35 ea.

Decaf Coffee

\$23.35 ea.

Assorted Tea

\$23.35 ea.



BREAKFAST

- BAGELS** \$36.00 ea.
 1-Dozen Sliced Plain Bagels, Cream Cheese, Butter, Fruit Preserves
- SMOKED SALMON PLATTER** \$84.00 ea.
 1-Dozen Plain Bagels, Smoked Salmon, Cream Cheese, Tomatoes, Onion, Capers
- HOT BREAKFAST SANDWICHES** \$69.00 per dozen
 1-Dozen Sandwiches- 6 Bacon/Egg/Cheese on Bagel-
 6 Egg/Cheese on Bagel
- ASSORTED BAKERY PLATTER** \$42.00 per dozen
 1-Dozen Assorted Platter of Croissants, Danish, Mini Muffins, Butter
- MUFFINS** \$15.55 Dozen
 1-Dozen Blueberry Muffins, Butter
- MINI FRITTATAS** \$75.00 Dozen
 Assortment of Spinach and Sundried Tomatoes, Bacon and Cheddar, Goat Cheese and Chives
- TEACAKE** \$9.60 ea.
 Chef's Choice - 7 Slices Per Loaf

A LA CARTE BREAKFAST

- Granola Bar** \$2.70 ea.
- Nutrigrain Bar** \$2.10 ea.
- Whole Fruit (Banana, Apple, or Orange)** \$1.65 ea.
- Individual Cereal Bowl (2% milk w/ Cheerios OR Special K)** \$3.49 ea.
- Individual Oatmeal Cup** \$3.49 ea.
- Individual Chobani Yogurt Cup** \$2.55 ea.
- Individual Hard Boiled Egg** \$1.75 ea.
- Fruit Cup (Seasonal)** \$4.45 ea.
- Yogurt Parfait** \$3.65 ea.

LUNCH

WRAP PLATTER

\$11.95 per person

Choice of Wraps

- Grilled Seasonal Vegetables, Red Pepper Hummus, Cucumber, Baby Spinach, and Tomatoes
- Ham, Swiss, Lettuce, Tomato, Honey Mustard
- Turkey, Bacon, Lettuce, Tomato, Avocado Spread
- Roast Beef, Boursin, Baby Arugula, Pickled Onions, Tomato, Dijon Aioli

DELUXE SANDWICH PLATTER

\$12.95 per person

Choice of Sandwiches

- "Cuban" Smoked Ham, Swiss Cheese, Dijon Mayo, Pickles, and Roasted Peppers
- Tuna Salad, Lettuce, Tomato
- Turkey, Cranberry Aioli, Lettuce, Tomato, Cheddar
- Grilled Portobello, Roasted Red Pepper, Pickled Onion, Tomato, Baby Spinach, Herb Vegan Aioli
- Roast Beef, Brie, Baby Arugula, Pickled Onions, Horseradish Mayo,

TUSCAN SANDWICH PLATTER

\$12.95 per person

Choice of Sandwiches

- Italian Salami, Capicola, Mortadella, Provolone, Pickle Banana Pepper Relish, Lettuce, Tomato
- Tuscan Chicken Sandwich Fresh Mozzarella, Roasted Peppers, Pesto Mayo, Balsamic, Lettuce, Tomato
- Caprese Fresh Mozzarella, Roasted Tomatoes, Field Greens, Pesto

INDIVIDUAL BOX LUNCHES

\$18.95 per person

Each box includes: Pasta Salad, Assorted Whole Fruit, Individual bag of Chips, Cookies

Choice of

- "Cuban" Smoked Ham, Swiss Cheese, Dijon mayo, Pickles, and Roasted Peppers
- Tuna Salad, Lettuce, Tomato
- Turkey with Cranberry Aioli, Cheddar
- Grilled Portobello, Roasted Red Pepper, Pickled Onion, Tomato, Baby Spinach, Herb Vegan Aioli
- Roast Beef, Brie, Baby Arugula, Pickled Onions, Horseradish Mayo





PACKAGES

EMPANADAS PACKAGE

\$85 per dozen

Choice of:

- Chicken, Beef or Spinach-Mushroom & Cheese (can mix & match). Please add mix and match details in the notes section before check out.
- Served with Peruvian Aji Verde Sauce & Tomato Crema

TACO BAR PACKAGE (SERVES 10)

\$150 each

Choice of:

- Beef Barbacoa, Chicken Tinga, Pork Carnitas or Mushroom Chorizo (choose 1)
- Served with Warm Flour Tortillas, Guacamole, Fresh Salsa, Shredded Cheese, Cabbage Slaw, Rice & Beans

DIPS AND CHIPS PACKAGE (SERVES 12-15)

\$12.95 per person

Con Queso with House Fried Tortilla Chips

BURRITO PACKAGE (SERVES 10)

\$150 each

Choice of:

- Beef, Chicken, Pork or Mushroom Chorizo (choose 1)
- Rolled in Flour Tortillas with Cheese, Rice and Beans. Served with Sour Cream, Guacamole and Fresh Salsa on the side.



BUILD YOUR OWN BOWL

SPICE ROUTE MEDLEY BOWL

\$15.99 per person

Base: Farro | Saffron Basmati rice | Leafy Greens

Proteins: Tandoori Chicken Breast | Harissa Flank Steak | Curry Tofu

Toppings: Tomatoes | Cucumbers | Pickled Red Onions | Eggplant

Sauces: Hummus | Tzatziki

PACIFIC FUSION BOWL

\$16.99 per person

Base: Jasmine Rice | Udon Noodle | Baby Kale

Proteins: Smoked Salmon | Orange Ginger Chicken Breast | Sesame-Crusted Tofu

Sauces: Sweet Chili Sauce | Teriyaki Glaze | Sweet and Sour Sauce

HOT LUNCHES

STIR FRY HOT LUNCH

\$16.99 per person

Choose one: Rice OR Udon Noodles

Choice of two:

- Chicken Stir Fry
- Beef Stir Fry
- Vegetable Stir Fry

ITALIAN BUFFET

\$15.99 per person

Served w/ Caesar Salad and Garlic Bread

Choose one: Chicken Parmesan over Pasta OR Eggplant Parmesan over Pasta

RECEPTION PLATTERS

CHARCUTERIE PLATTER

\$115.00 ea.

Serves 12 - Assortment of Cured Meats, Artisan Cheese, Fig Jam, Cured Olives, Roasted Tomatoes, Crostini

CRUDITE PLATTER

\$55.00 ea.

Serves 12 - Assorted of Fresh Seasonal Vegetables, Hummus, Ranch Garden Dip

MEDITERRANEAN PLATTER

\$87.00 ea.

Serves 12 - Hummus, Tabbouleh, Pita Chips, Olives, Tomatoes Cucumber Salad, Marinated Artichokes



EMPANADAS PACKAGE

Orders Under 36-Hour Lead Time: Heights Express simplifies online ordering by using a streamlined, mobile-friendly platform that accepts credit card and P-card payments. With a 36-hour notice and fee, direct drop-off service, catering your next meeting or event couldn't be simpler.

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