

FIRST & LAST NAME

Chestnut Hill, MA | email@bc.edu | (272) 383-4858 | linkedin.com/name

EDUCATION

Boston College, Morrissey College of Arts & Sciences | Chestnut Hill, MA May 2026
Bachelor of Science in Biochemistry, Minor in Global Public Health & the Common Good | GPA: 3.6
Relevant Coursework: Behavioral Neuroscience, Advanced Calculus II, Chemical Biology: Structure & Function

SKILLS

Laboratory: Microscopy, Gas chromatography, DNA extraction/quantification, amino acid analysis, yeast display, flow cytometry, protein library sorting, DNA cloning & sequencing, ELISA

Language: Polish (Advanced Proficiency)

RELEVANT EXPERIENCE

Boston College Metabolic Cancer Research Lab | Chestnut Hill, MA | *Research Assistant* Dec 2023 – Present

- Design and implement a study comparing the glucose and ketone value readings for two commercially available blood monitoring devices with the goal of informing consumers about value accuracy for calculating Glucose Ketone Index
- Execute a study focusing on the effects of exercise on tumor growth by collecting data on the voluntary wheel running on C57BL/6 mice
- Conduct a diet study testing the effects of various ingredients to determine optimal conditions for tumor suppression through the Ketogenic diet

Newton Wellesley Hospital | Newton, MA | *Surgical Pre-Op Volunteer* Aug 2023 – Present

- Comfort and assess needs of patients in preparation for surgery appointments to streamline efficiency of surgery schedule and ensure all safety measures are considered
- Clean and maintain 24 rooms in the unit after each patient departure and prepare rooms for incoming patients

St. Francis Hospital | Hartford, CT | *Neuro Nursing Unit Volunteer and Mobility Tech* May 2023 - Aug 2023

- Assessed fall risk and performed comfort and safety rounds on 28 patients to ensure all rooms were in compliance with hospital safety regulations
- Completed mobility training for physical therapy and nursing to better assist patients with gait challenges

WORK EXPERIENCE

Rocco's Pizza & Grill | Manchester, CT | *Hostess, Busser, & Food Runner* May 2022 – Aug 2023

- Managed all front of house responsibilities while simultaneously cleaning and setting 42 tables for customers
- Developed a table delegation system to increase efficiencies during service hours
- Communicated with servers and kitchen staff to ensure a timely delivery of food to tables, ensuring customer satisfaction

LEADERSHIP EXPERIENCE

The Body Project (NEDA) at Boston College | Chestnut Hill, MA | *Peer Leader* Aug 2023 – Present

- Lead small group of female-identifying students in two educational, discussion-based meetings on challenges preventing body positivity and to encourage rejection of the appearance ideal

Office of Health Promotion | Chestnut Hill, MA | *Team Manager, Health Coach* Aug 2022 – Present

- Co-lead weekly meetings for 15 other health coaches to provide group education on matters of health, wellness, and stress management
- Lead monthly workshops for students on the science of stress and shared key strategies to implement healthy coping strategies throughout the school year
- Facilitate one-on-one 30 minute discussions with 3-5 students a week to evaluate current levels of stress and set attainable stress management goals

FIRST & LAST NAME

Portland, OR | email@bc.edu | (384) 482-3948

EDUCATION

Boston College Connell School of Nursing

Bachelor of Science in Nursing, Minor in Hispanic Studies | GPA: 3.45

Anticipated Date of NCLEX: July 2024

Chestnut Hill, MA

May 2024

CLINICAL EXPERIENCE

Massachusetts General Hospital

Senior Synthesis: Labor & Delivery

Adult Health II: Adult Oncology Unit

Adult Health I: Adult Medical/Surgical Unit

Boston, MA

Spring 2024

Spring 2023

Spring 2022

Carney Hospital

Psychiatric/Mental Health: Adolescent/Adult Psychiatric Units

Dorchester, MA

Fall 2023

Centro de Salud Tumbaco

Population Health: Public Health Clinic

Tumbaco, Ecuador

Fall 2022

Boston Children's Hospital

Childbearing/Maternal Health: Labor & Delivery/Postpartum/NICU Units

Pediatrics: NICU

Boston, MA

Spring 2022

Fall 2021

WORK EXPERIENCE

Massachusetts General Hospital

Certified Nursing Assistant (CNA)

Boston, MA

Summer 2023

- Provided compassionate and comprehensive care to approximately 15 patients, including assisting with daily activities such as bathing, dressing, and feeding, while ensuring comfort and dignity
- Monitored vital signs, report any changes in patient conditions to the nursing staff, and document care provided in electronic health records accurately and promptly
- Collaborated effectively with the healthcare team, including nurses, physicians, and other medical professionals, to deliver high-quality patient care
- Assisted in medical procedures, prepare and maintain patient rooms, and ensure that all medical equipment is clean, properly set up, and functioning correctly

EXTRACURRICULAR EXPERIENCE

Student Nurse Association, Boston College Chapter

Secretary

Chestnut Hill, MA

Fall 2022 – Present

- Participate in monthly meetings with other student nurses, emphasizing professional development
- Provide meeting minutes to members who are unable to attend meetings in order to provide meaningful information to all members

American Red Cross of Boston College

Blood Drive Volunteer

Chestnut Hill, MA

Fall 2021– Present

- Collaborate with 10 students and American Red Cross staff to organize biannual blood drives for the Boston College student body
- Monitor blood donors post-donation and ensure they are sufficiently hydrated and nourished in order to prioritize student safety upon leaving the donation center

SKILLS

Computer: EPIC, Cerner, MEDITECH, CPSI, Microsoft Office Suite and Google Workspace

Certifications: BLS/AED, Phlebotomy | **Languages:** Spanish (Intermediate Proficiency)

First & Last Name

Buffalo, NY | email@bc.edu | (283) 394-4857 | linkedin.com/name

EDUCATION

Boston College, Morrissey College of Arts & Sciences; Chestnut Hill, MA May 2026

Bachelor of Science in Biology, Minor in Faith, Peace & Justice – Medical Ethics | GPA: 3.0

- Relevant Coursework: Vaccine Development & Public Health, Sociology of Health & Illness, Bioethics & Social Justice, Values in Social Service & Health Care

LEADERSHIP EXPERIENCE

Bioethics Society of Boston College; Chestnut Hill, MA Aug 2023 – Present

President

- Collaborate with fellow executive board members to organize and lead a biweekly clinical ethics discussion group on current Bioethics-related news
- Identify and invite top Bioethics professionals and coordinate two informative guest speaker events on campus each year to increase undergraduate student industry knowledge and networking opportunities

Founder

Feb 2023 – May 2023

- Spearheaded the creation of the Bioethics Society of Boston College, a student organization focused on providing a space for interested students to learn more about and discuss the field of Bioethics
- Coordinated with the Office of Student Involvement to bring the club from the drawing board to fruition, including drafting a preliminary budget, creating an initial marketing plan, and petitioning the Biology department for a faculty advisor
- Recruited 18 new members to the organization through active social media and email marketing

Winston Center for Leadership Ethics; Chestnut Hill, MA

Nov 2023

Travel Grant Recipient

- Attended the 2018 American Society for Bioethics and Medical Humanities Conference in Anaheim, CA
- Participated in discussions on topics including gene editing, consciousness, religion in medicine, and gun violence in order to spread community awareness of relevant issues within communities nationwide

WORK EXPERIENCE

Recanati-Miller Transplantation Institute at Mount Sinai Hospital; New York, NY Jun 2023 – Aug 2023

Transplant Surgery & Hospital Ethics Intern

- Observed living and deceased donor kidney removal procedures, recipient kidney transplant surgeries, and learned to identify the distinct intricacies faced in each process
- Gained exposure to the ethics of transplant operations by attending 20+ patient clinic appointments, including final cross matches, listed follow-ups, and social work evaluations

VOLUNTEER EXPERIENCE

Global Medical Brigades of Boston College; Estelí, Nicaragua

May 2023

- Traveled to Nicaragua as a part of a Global Medical Brigade, bringing medical care to remote parts of the country by taking vitals in triage, shadowing doctors in consultations, and assisting in a pharmacy

Appalachia Volunteers Program; Chestnut Hill, MA

Sep 2022 – Mar 2023

- Reflected on matters of service and social justice by meeting weekly with a small discussion group
- Volunteered in Detroit, MI for one week during spring break, working directly alongside community members and leaders to better understand the impact of social injustices on the local population

SKILLS

Computer: Microsoft Office, Google Workspace, STATA

Language: Spanish (Fluent)